

**Little Rock (Zip Codes 72205 & 72209)
Pulaski County Special School District
(PCSSD)
Results 2006**




County Youth Health Survey

AGENDA

- ✎ Introduction to CYHS
- ✎ Demographics of Survey PCSSD Participants
- ✎ Summary of PCSSD findings
- ✎ Detailed findings Little Rock 72205 and 72209

What is the County Youth Health Survey (CYHS)?

 The CYHS is an 87 item multiple-choice questionnaire which was developed by the Centers for Disease Control and Prevention to measure behaviors that put youth health at risk.

In Pulaski County Special School District (PCSSD)...

- ✍ Survey was administered in September 2006
- ✍ A total of 5,844 students in 7th-12th grade completed valid surveys
 - ✍ 116 (72205)
 - ✍ 182 (72209)
- ✍ The survey was representative of the 7th-12th grade school population

Interpretation of Results

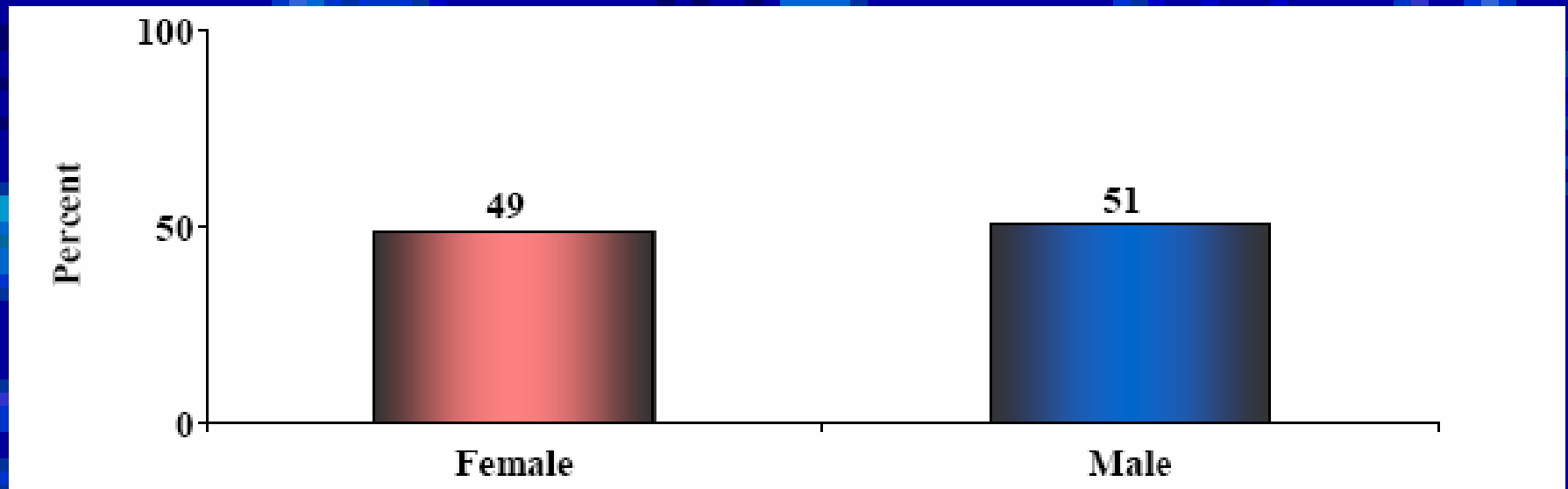
- ✎ “Snapshot in time”
- ✎ As accurate as students’ reporting
- ✎ Edited for consistency
- ✎ Confidential

What it covers...

- ✍ Behaviors that result in intentional & unintentional injuries
- ✍ Tobacco use
- ✍ Alcohol & other drug use
- ✍ Sexual behaviors
- ✍ Physical activity
- ✍ Nutrition

Demographics of Survey PCSSD Participants

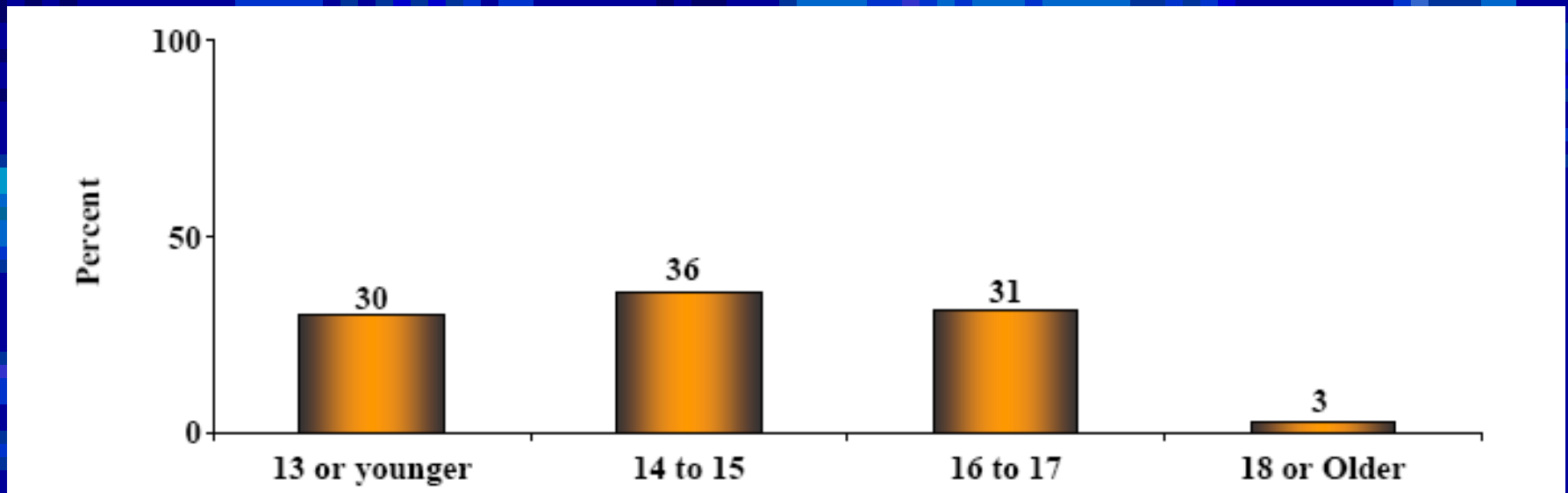
Gender



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CYHS 2006 Grades 7th-12th

Demographics of Survey PCSSD Participants (cont.)

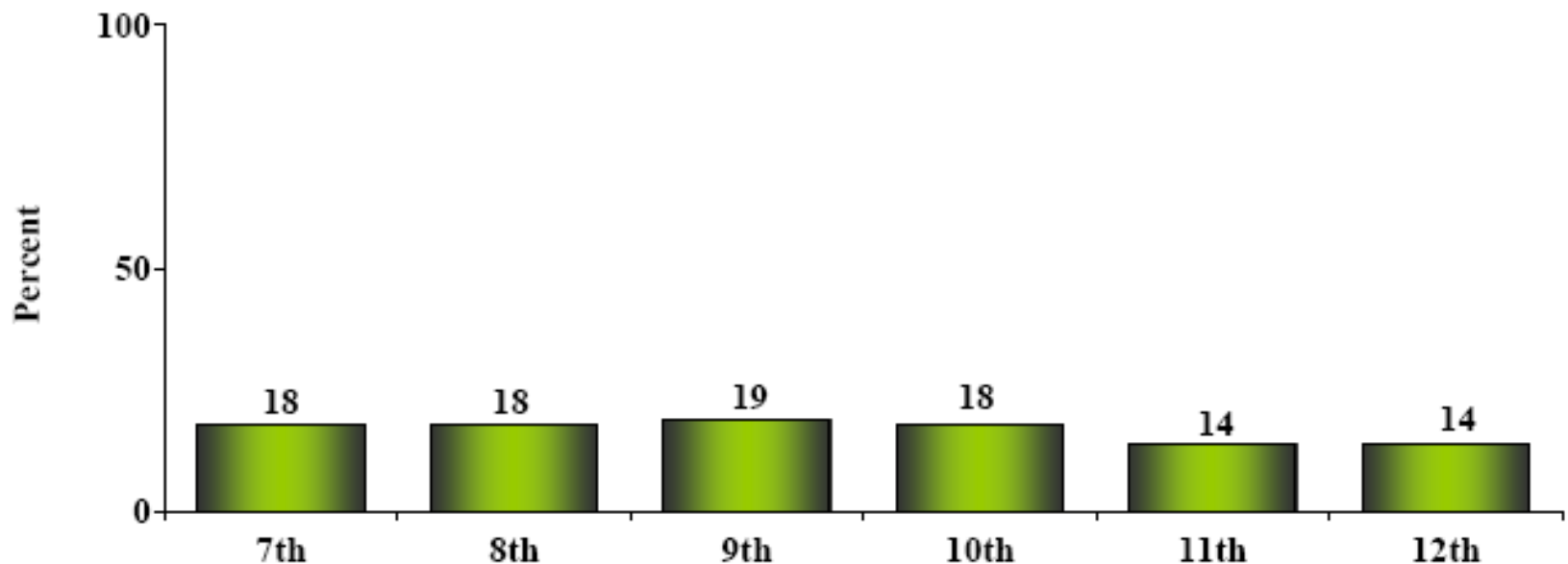
Age



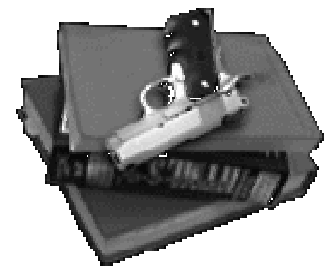
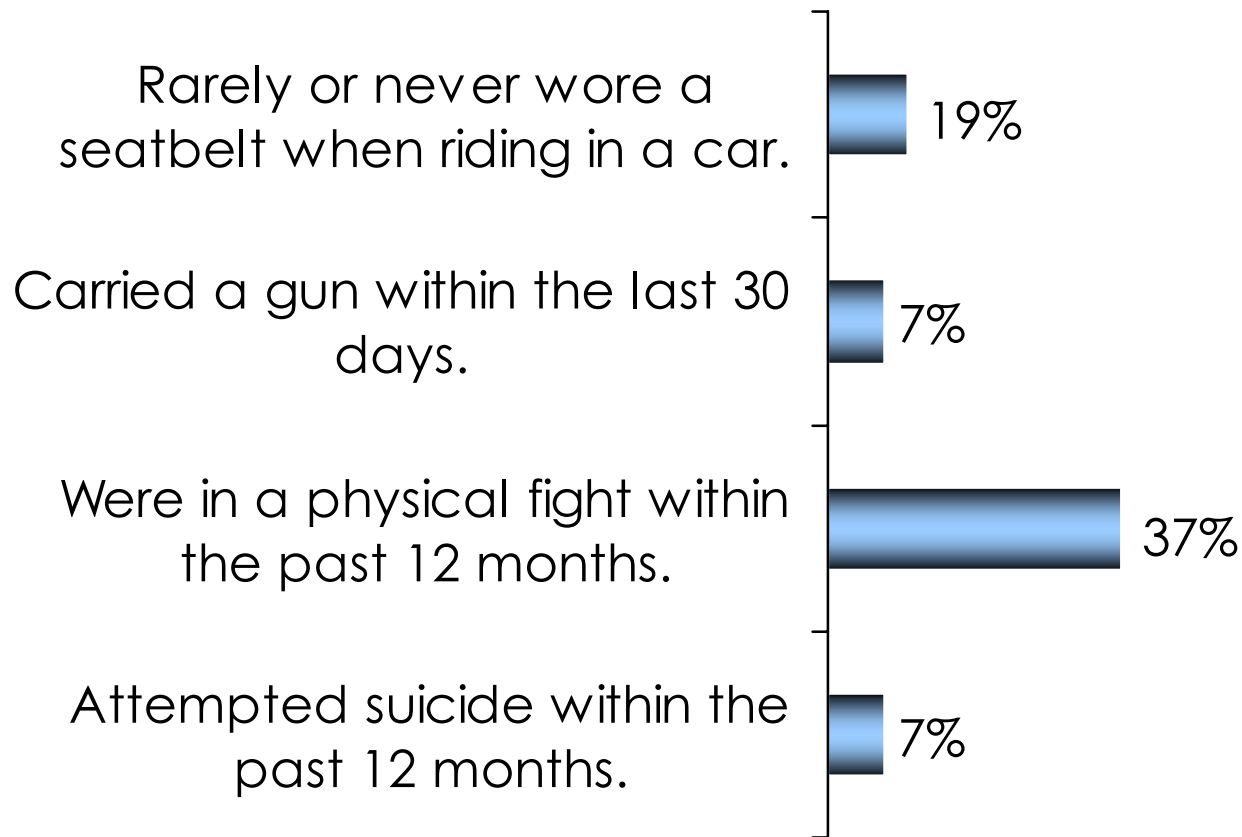
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CYHS 2006 Grades 7th-12th

Demographics of Survey Participants (cont.)

Grade



Summary of PCSSD CYHS Physical Safety/Injuries



Summary of PCSSD CYHS Tobacco

Ever tried smoking a cigarette

60%

Smoked cigarettes at least
once during the past 30 days

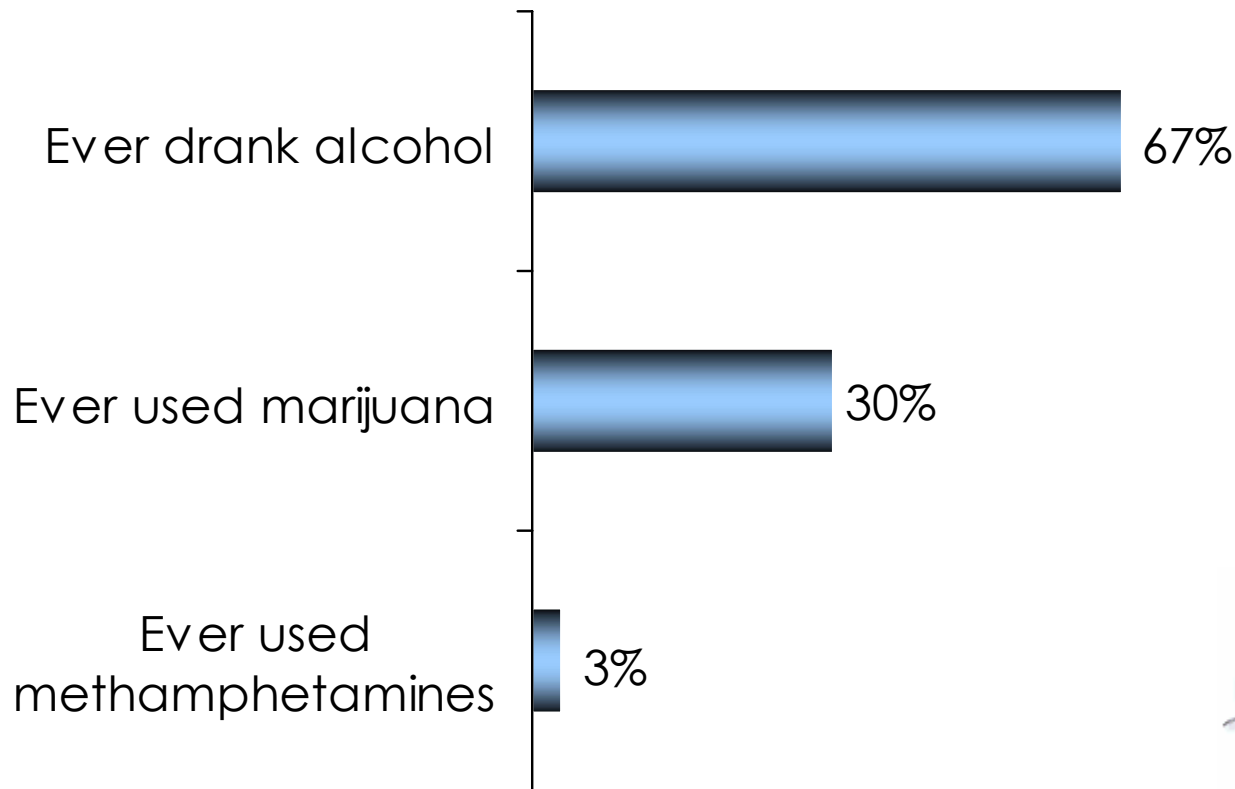
12%

Used chewing tobacco or
snuff during the past 30 days

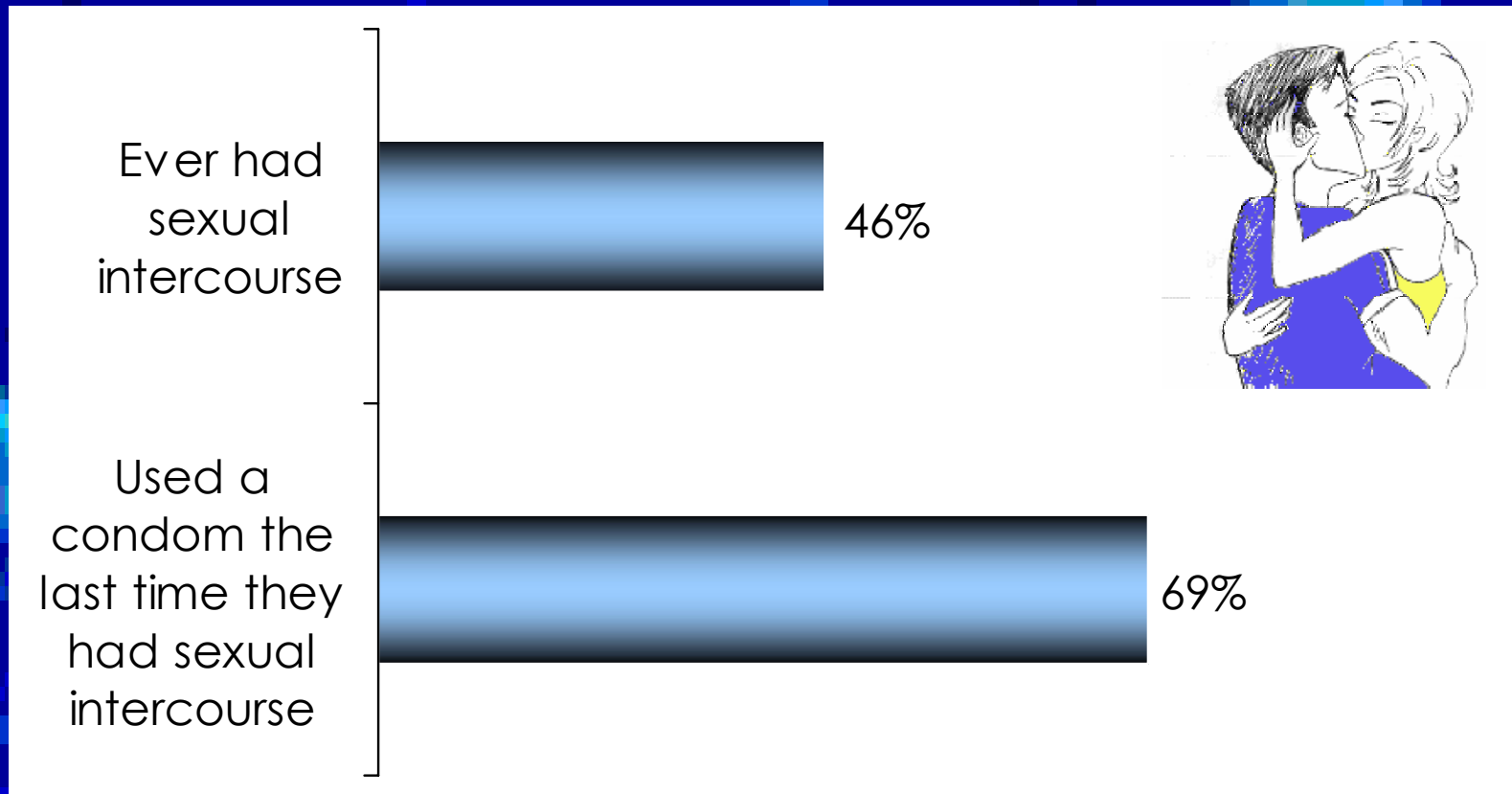
6%



Summary of PCSSD CYHS Alcohol and other Drugs

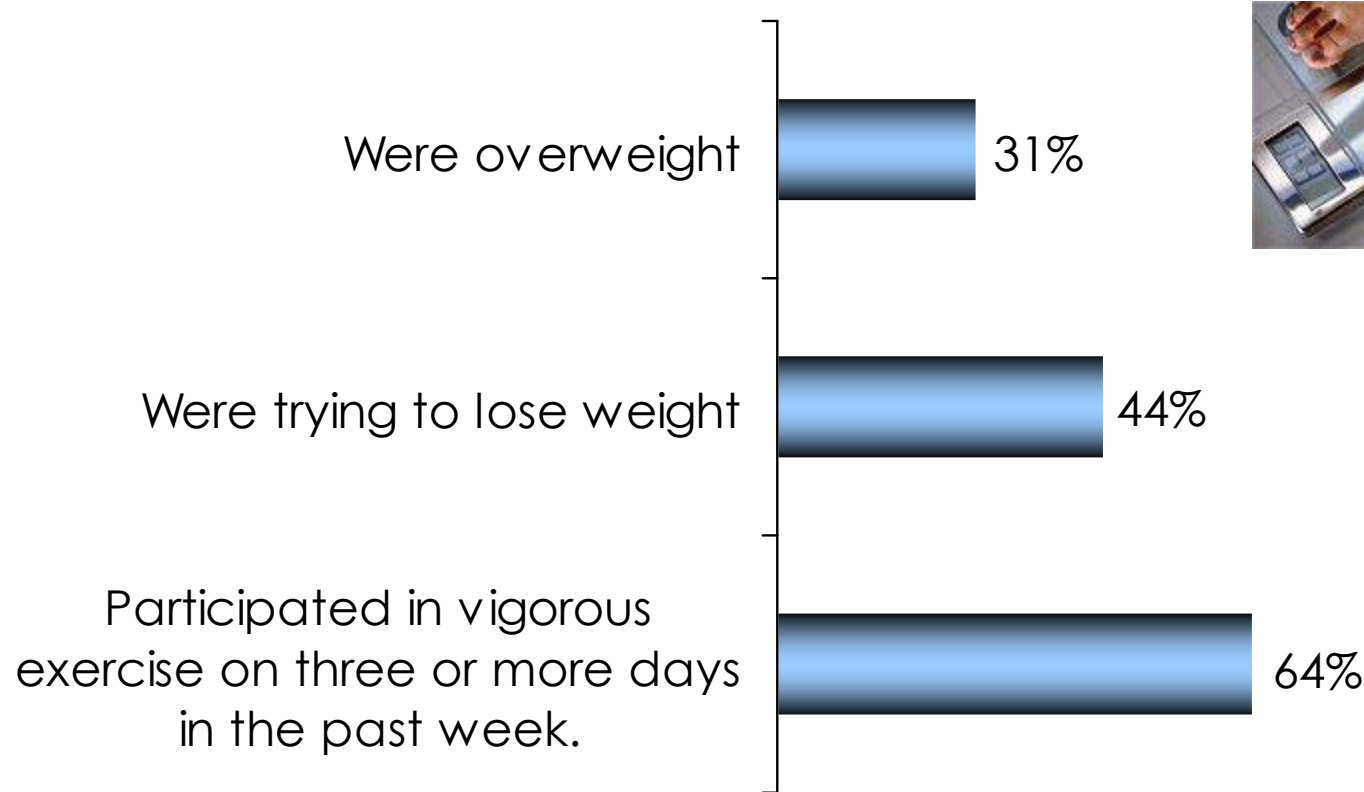


Summary of PCSSD CYHS Sexual Behavior

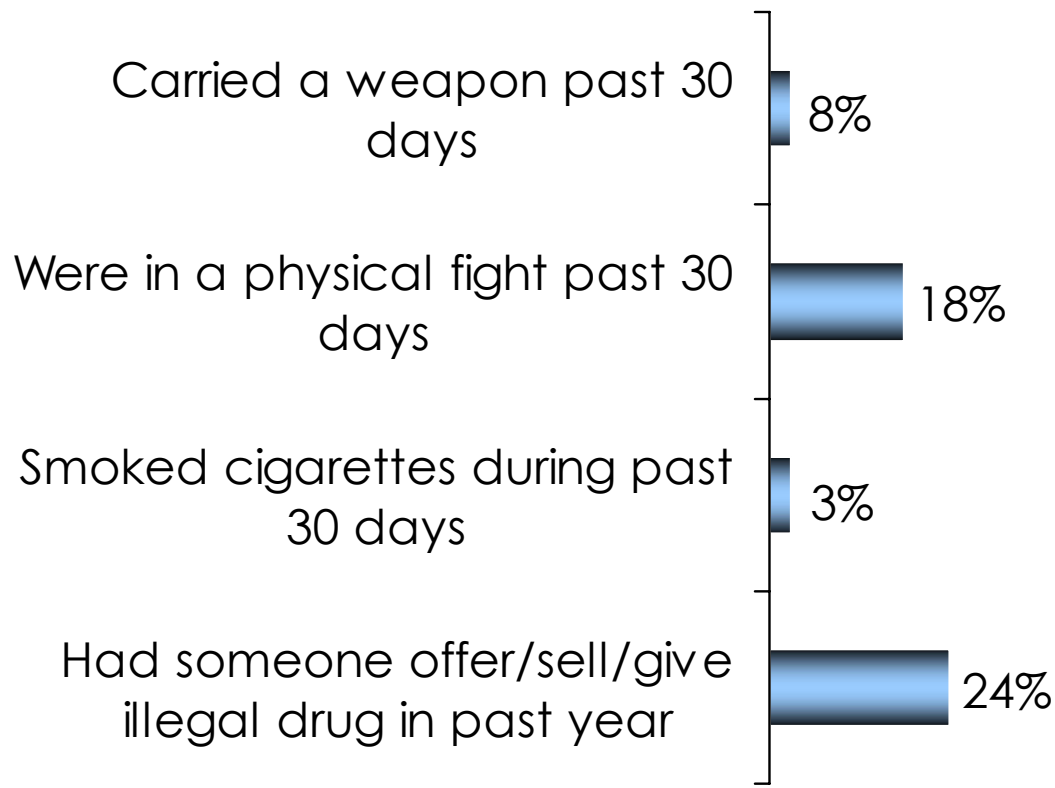


Summary of PCSSD CYHS

Diet and Exercise



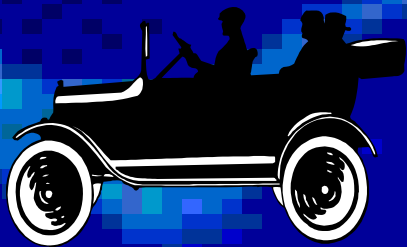
Summary of PCSSD CYHS Behavior on School Property



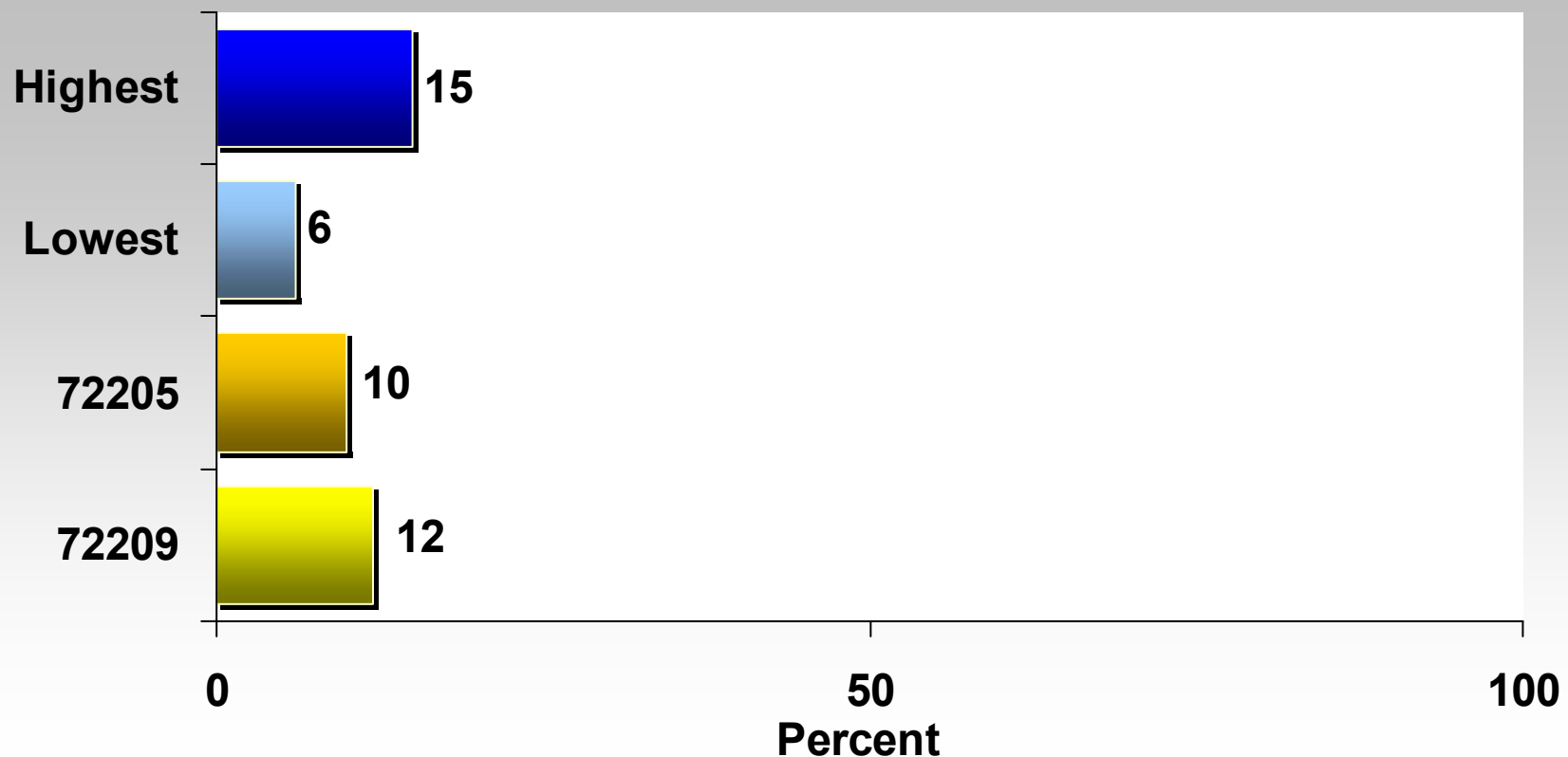
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Detailed Findings

Vehicle Safety

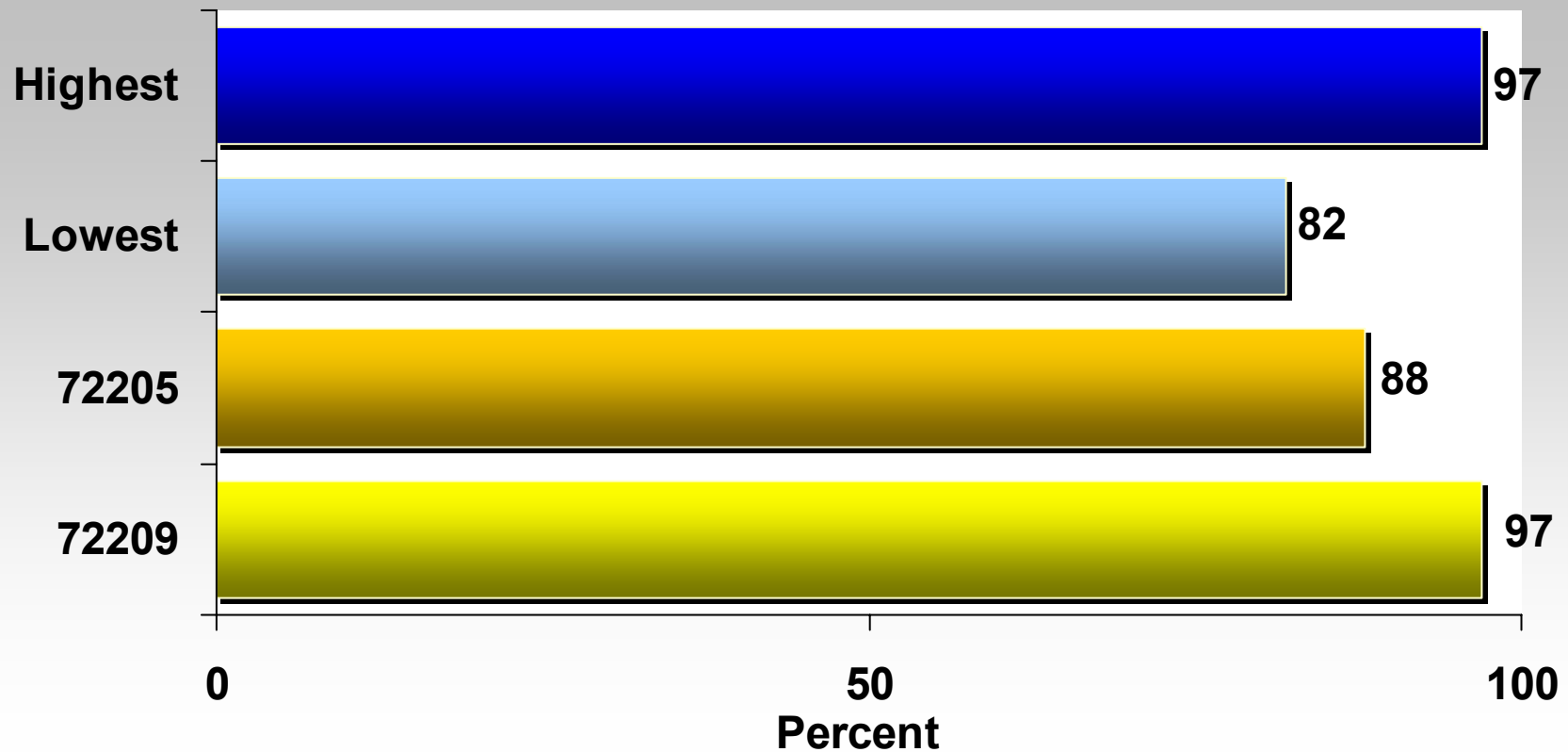


Percentage of students who never or rarely wore a seat belt when riding in a car driven by someone else



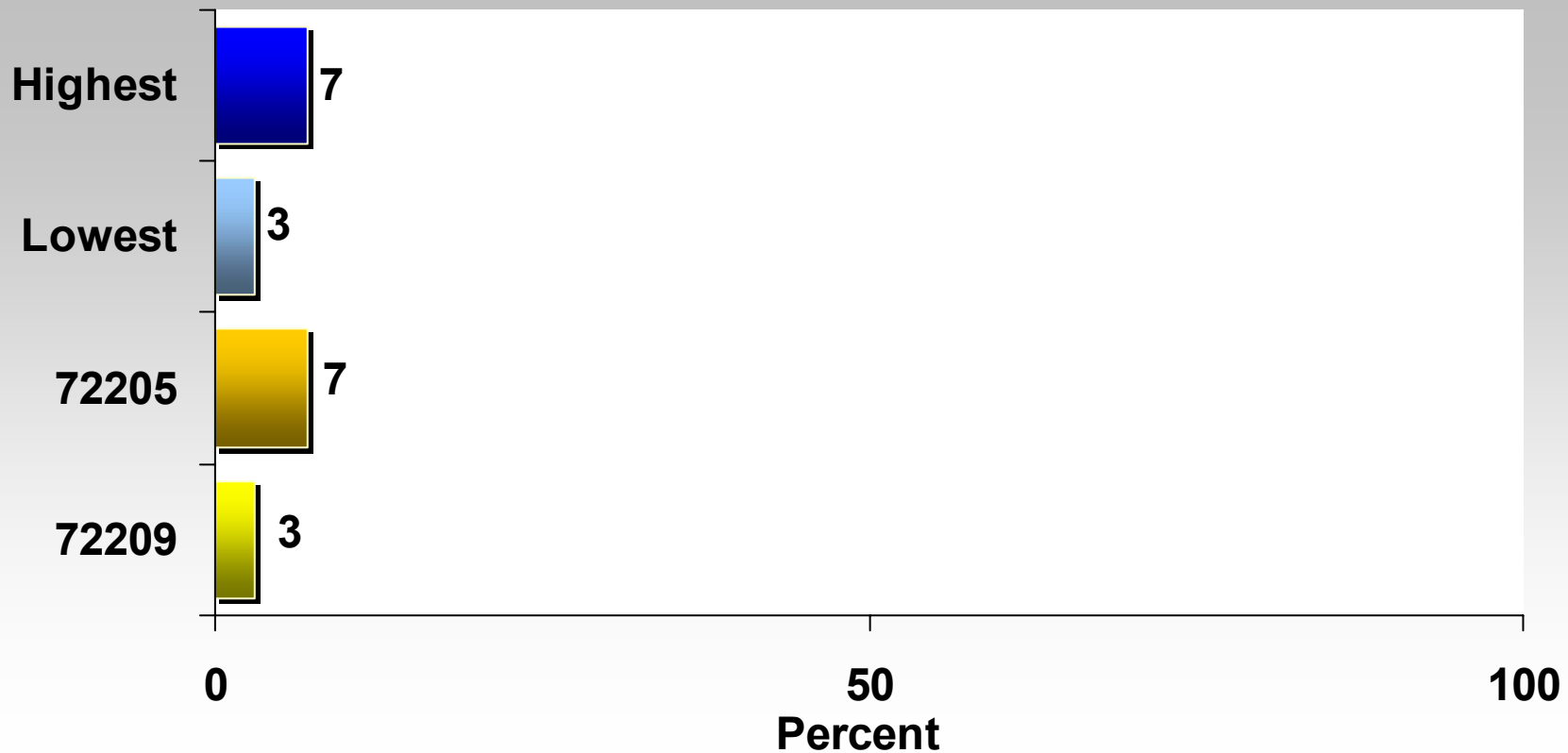
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Of students who rode a bicycle during the past 12 months, the percentage who never or rarely wore a helmet



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CYHS 2006 Grades 7th-12th**

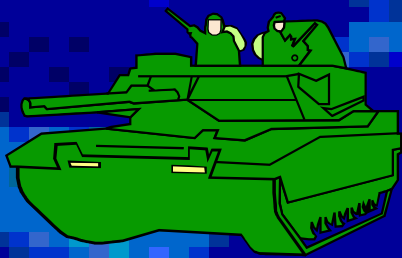
Percentage of students who drove a car or other vehicle one or more times when they had been drinking



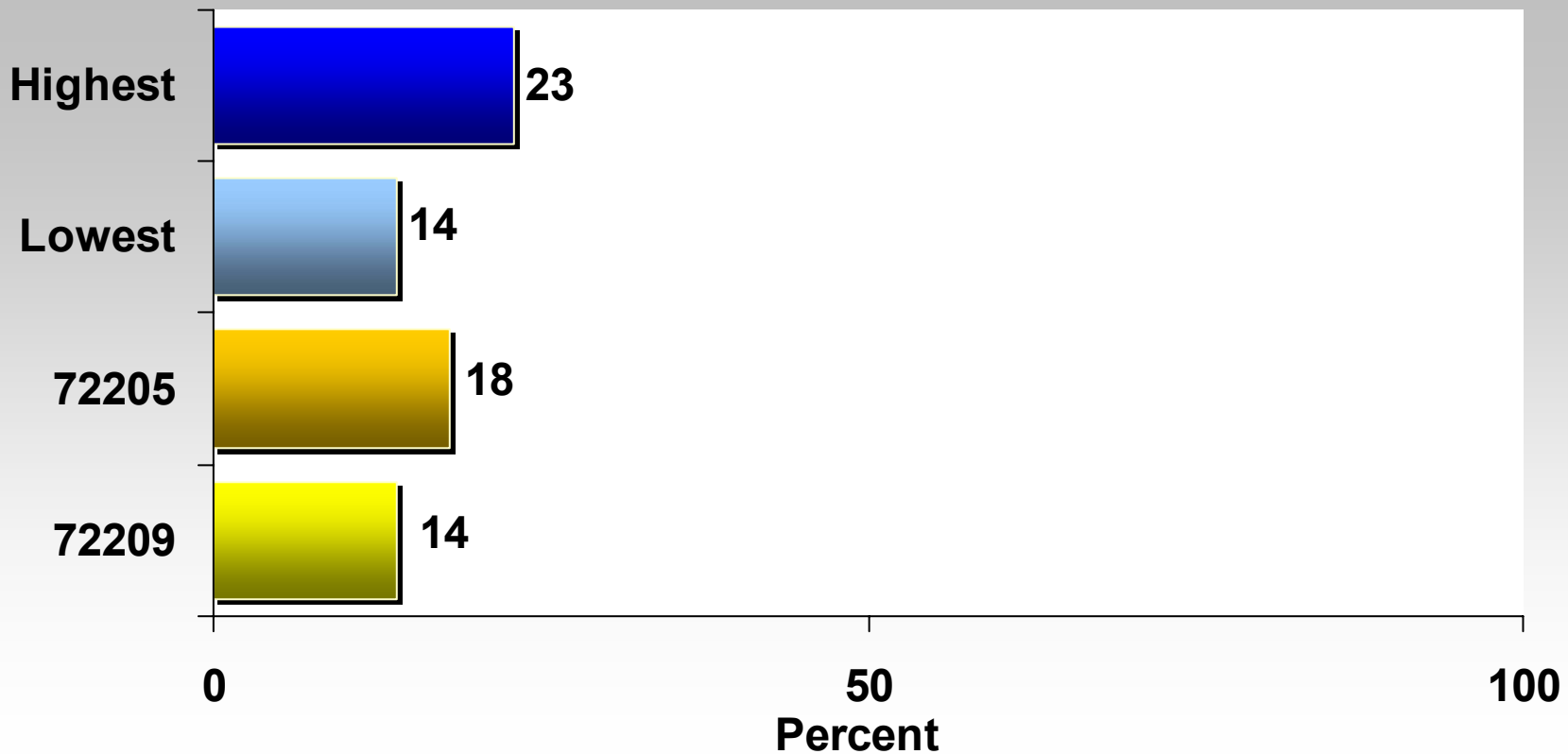
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Detailed Findings

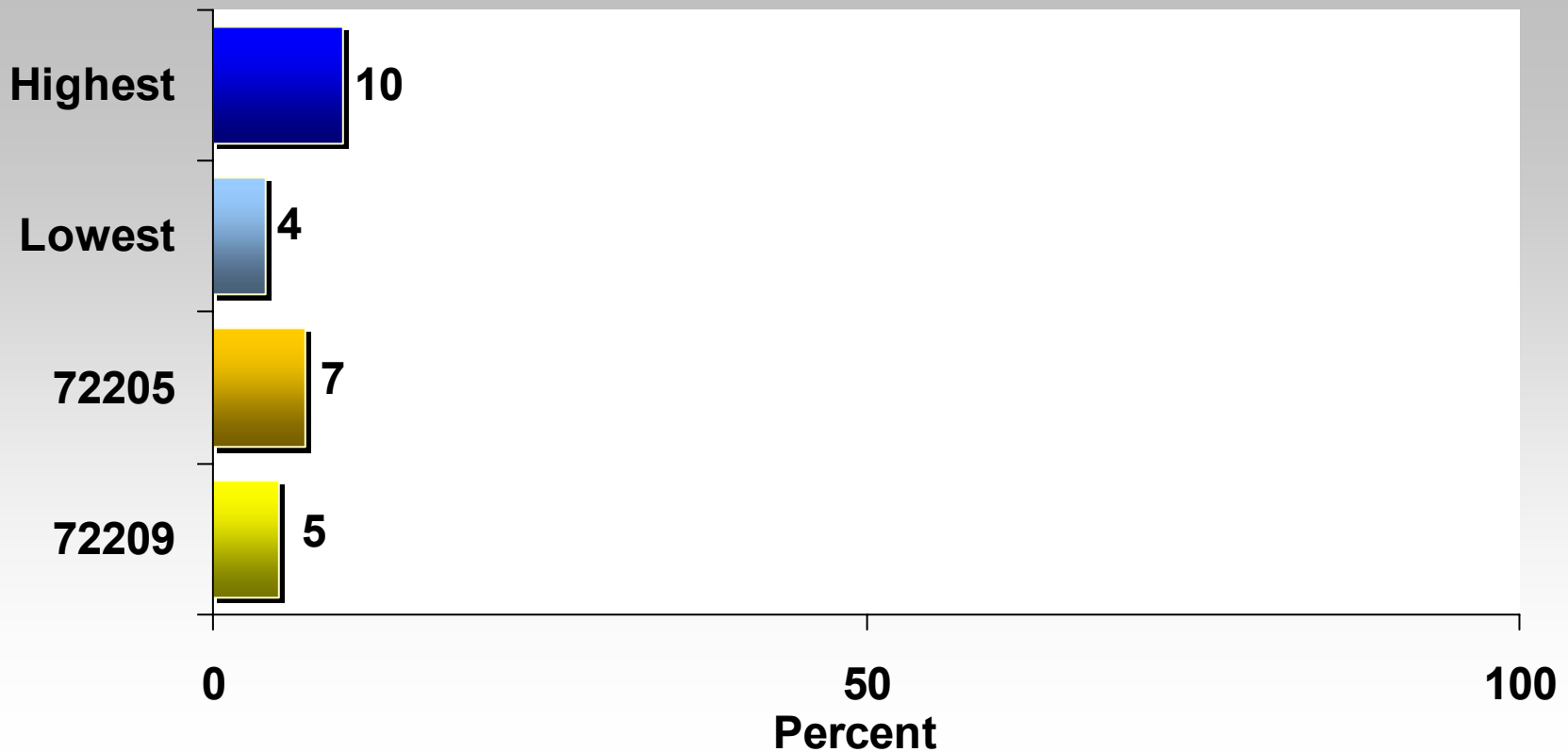
Violence



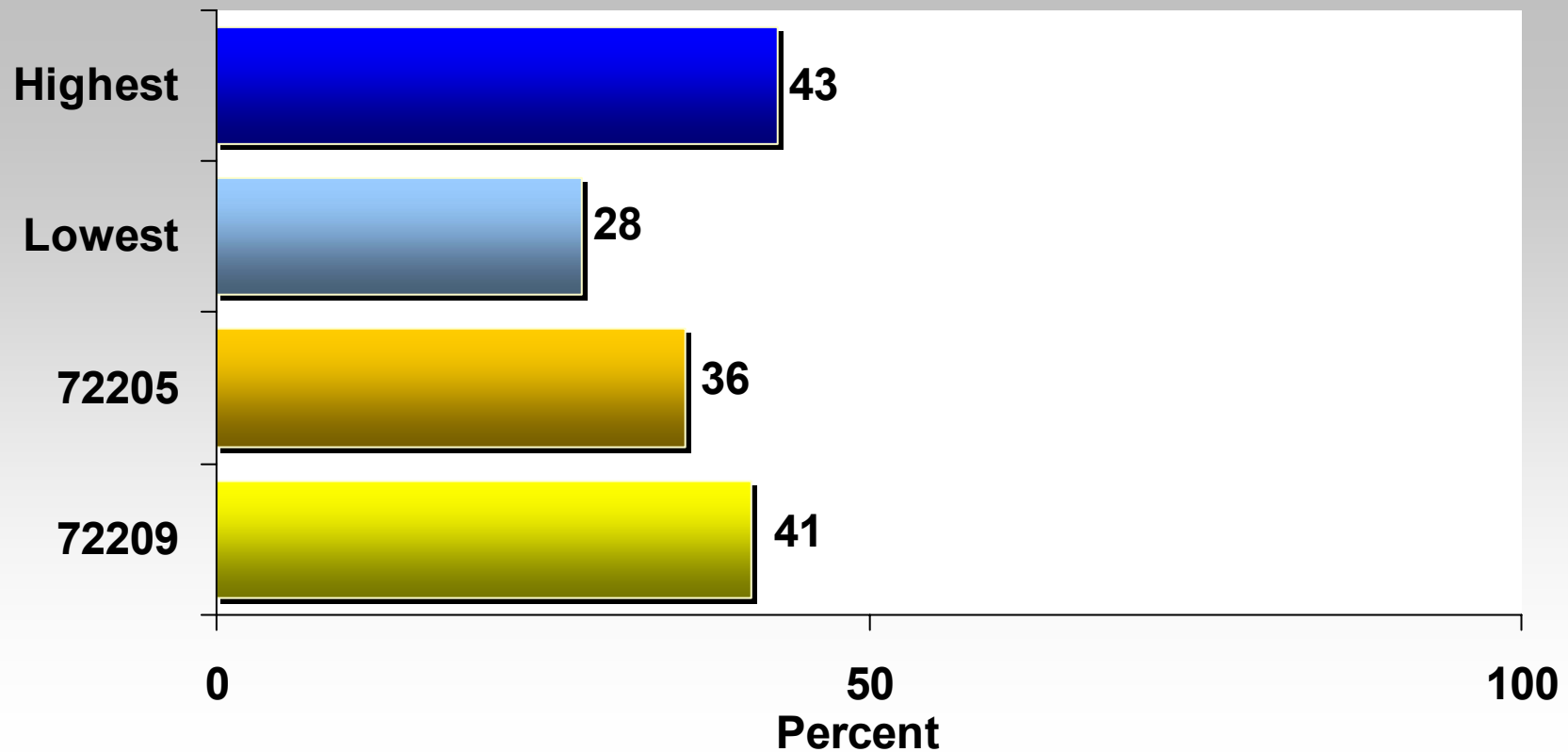
Percentage of students who carried a weapon such as a gun, knife, or club on one or more of the 30 days preceding the survey



Percentage of students who carried a gun on one or more of the 30 days preceding the survey



Percentage of students who were in a physical fight one or more times during the 12 months preceding the survey



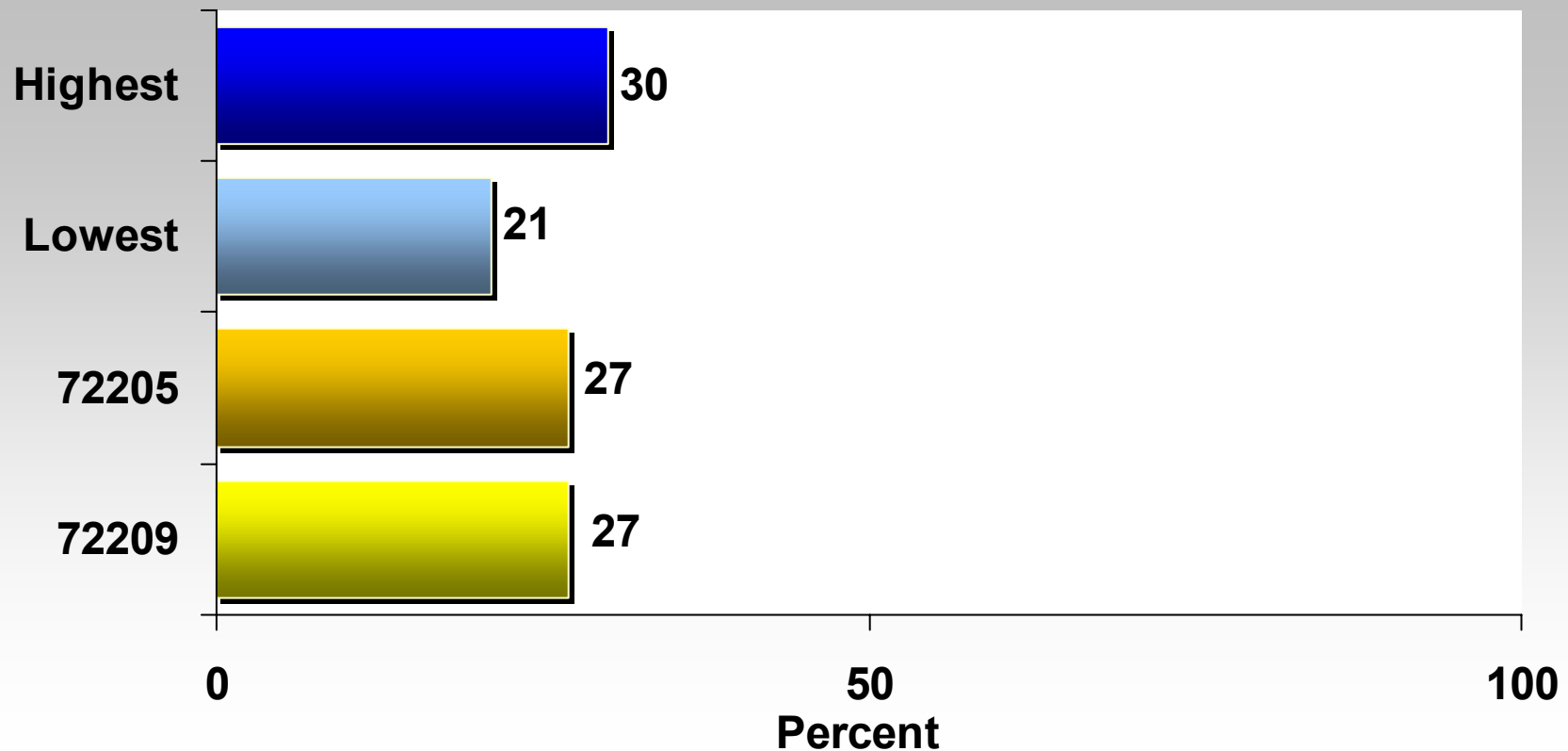


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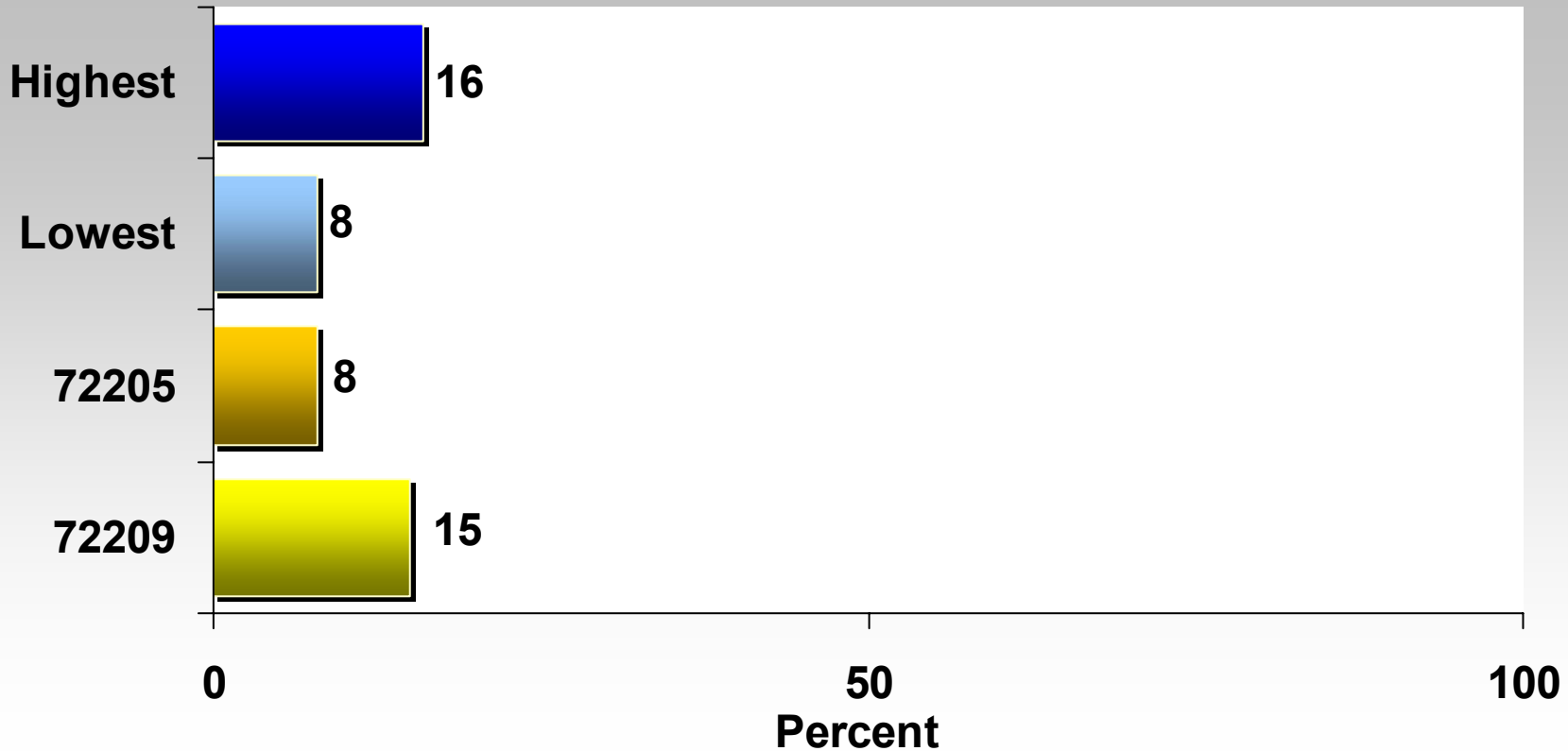
**Detailed Findings
Depression and Suicide**



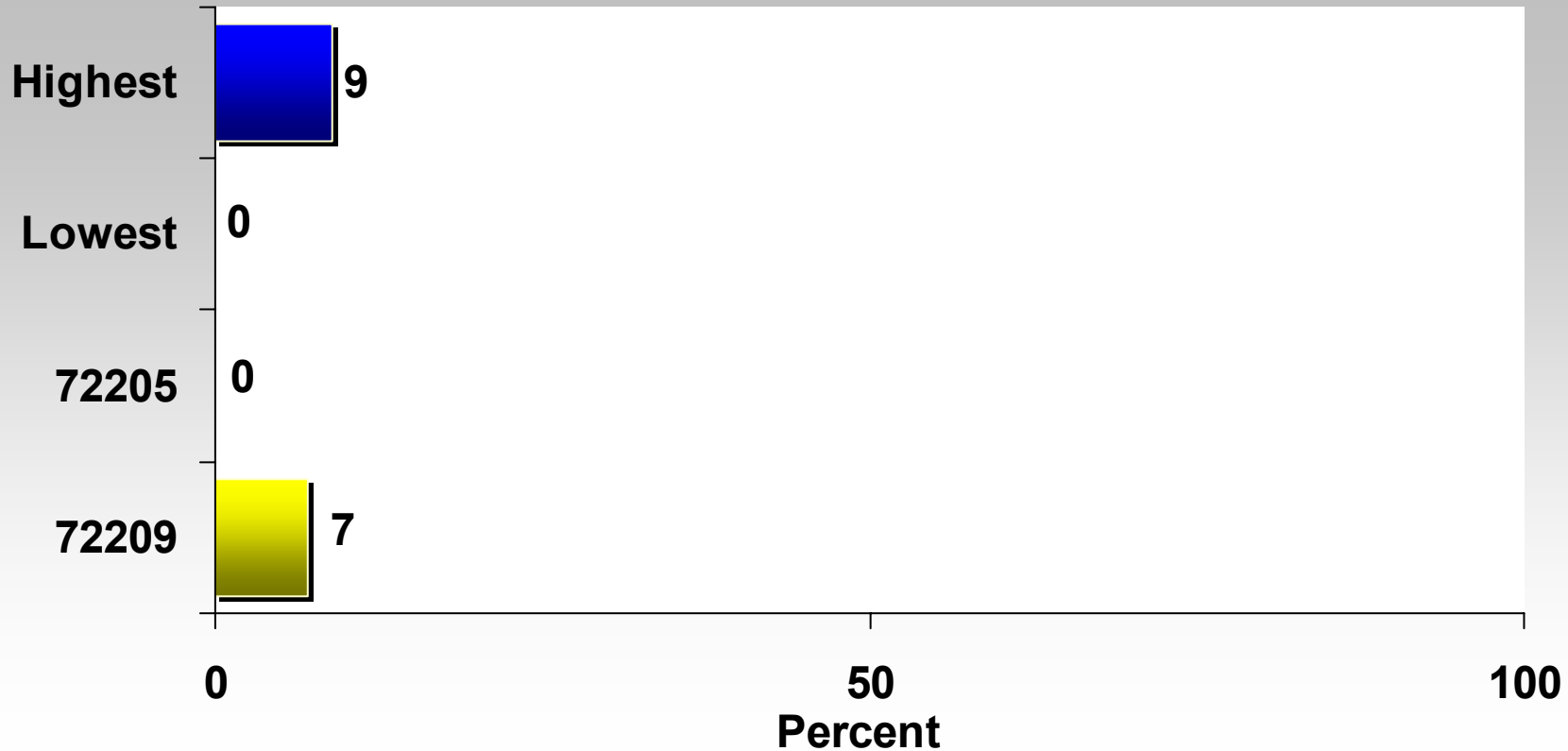
Percentage of students who felt so sad or hopeless for two weeks or longer that they stopped doing some of their usual activities during the past 12 months



Percentage of students who seriously considered attempting suicide in the 12 months preceding the survey



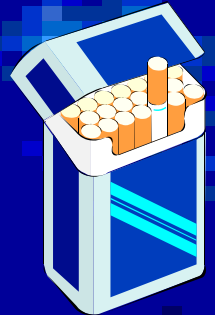
Percentage of students who actually attempted suicide one or more times during the past 12 months



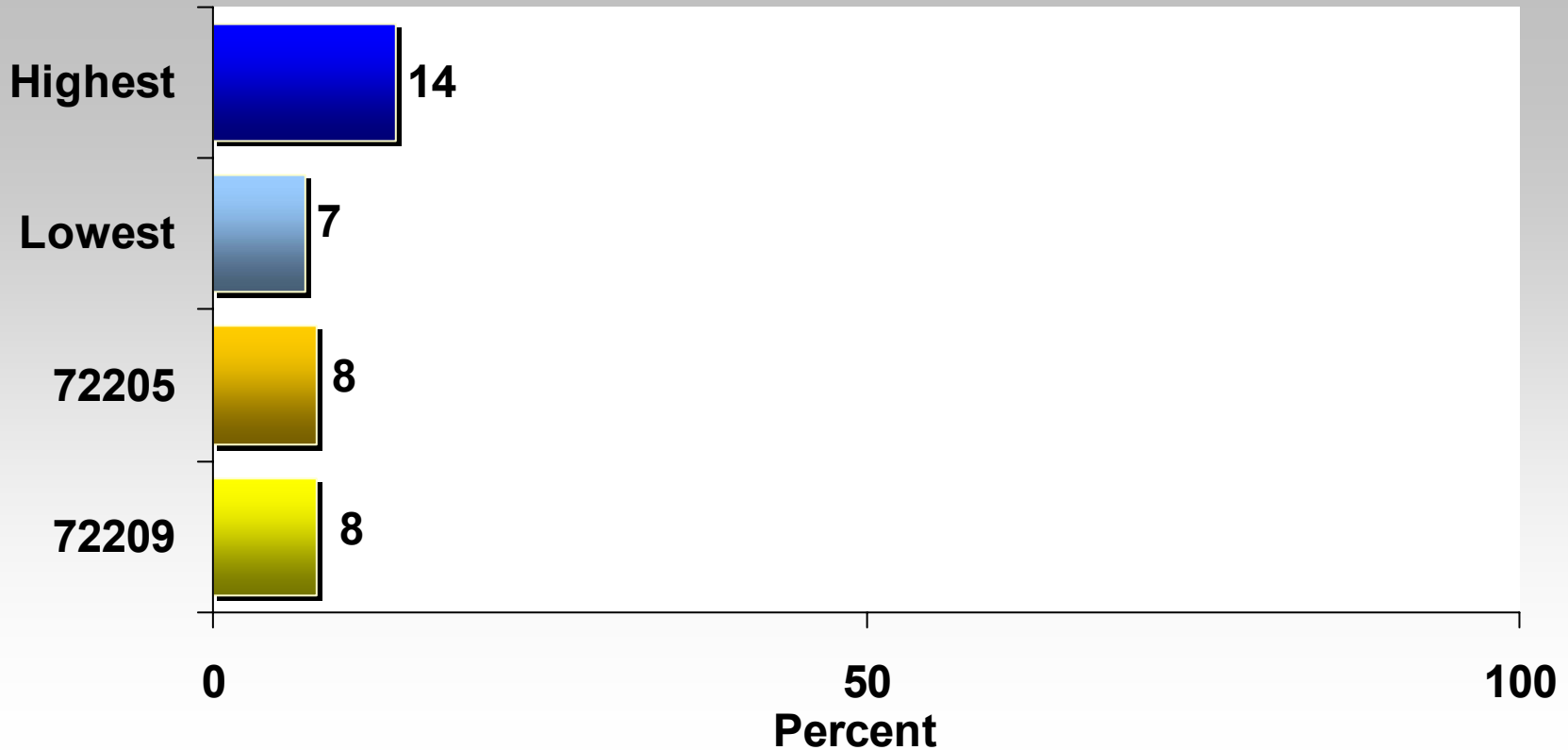
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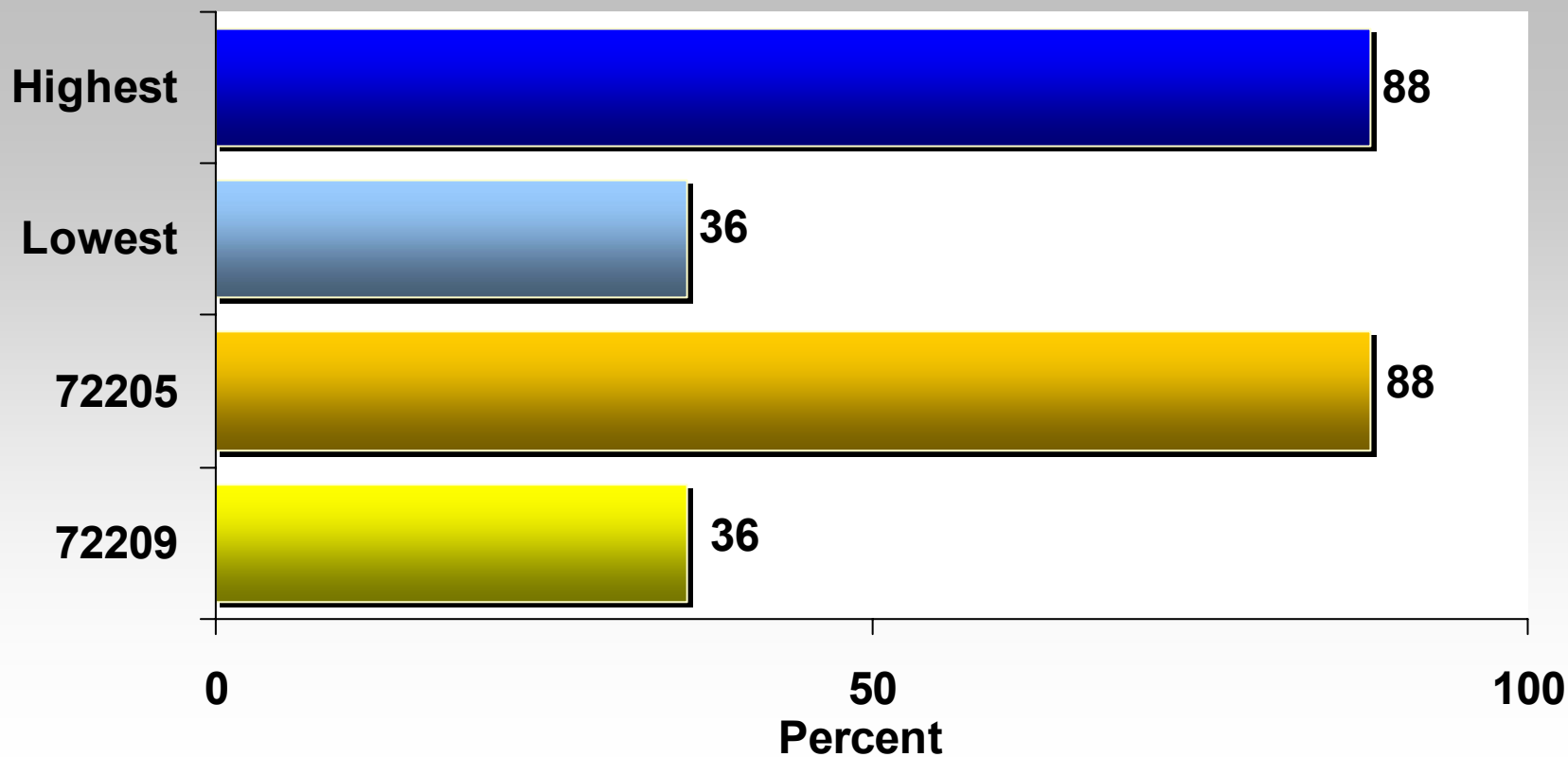
**Detailed Findings
Tobacco**



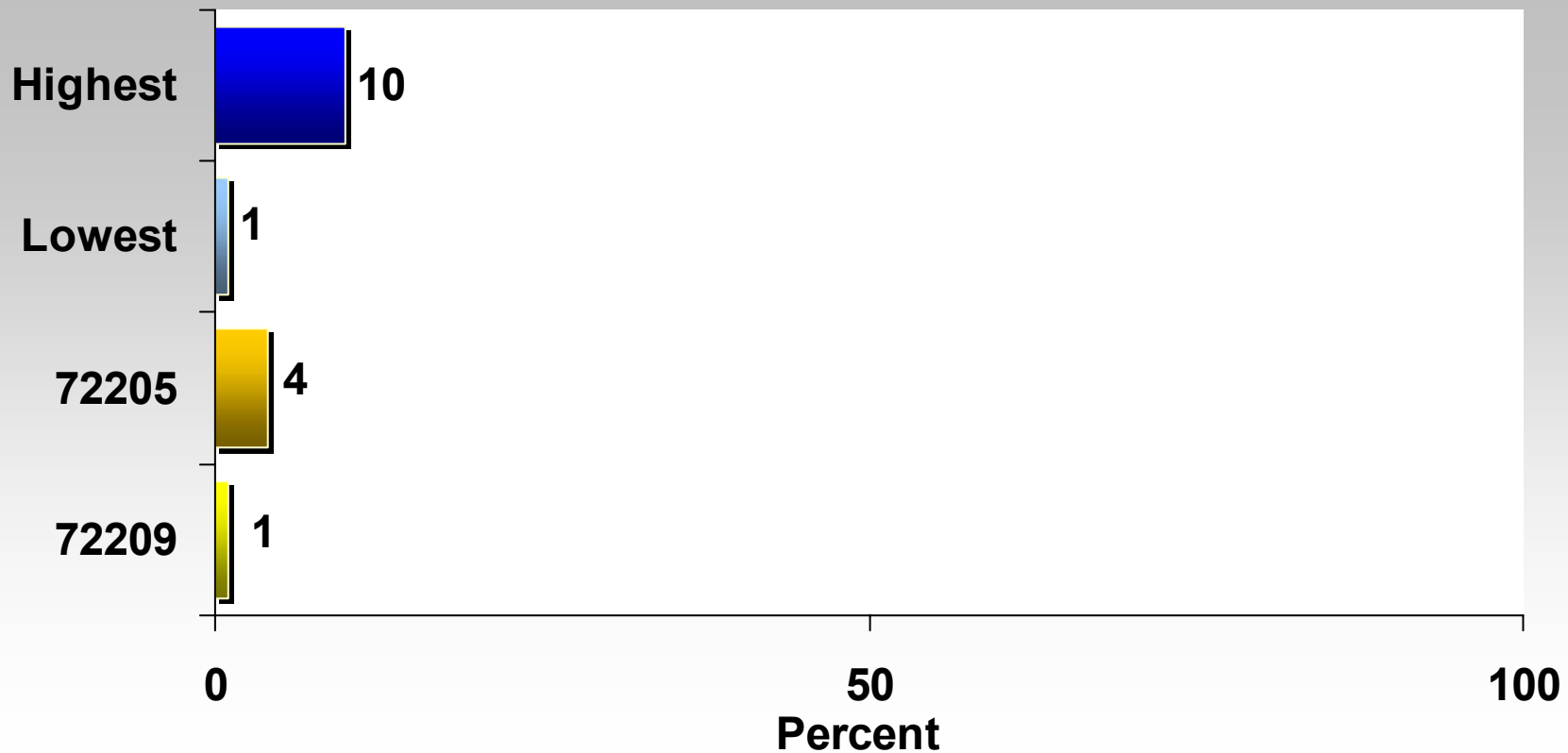
Percentage of students who smoked cigarettes on one or more of the past 30 days



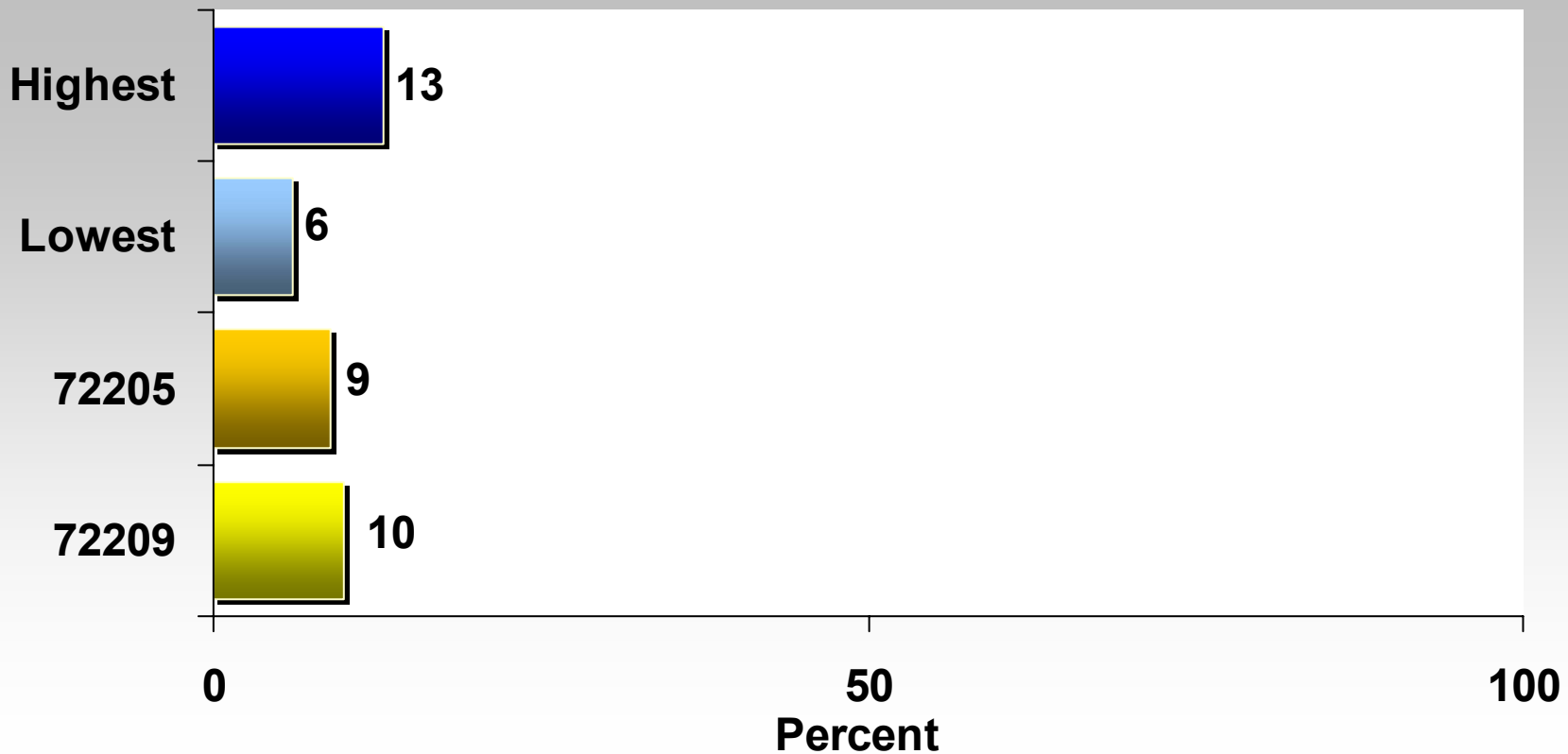
Of the students who smoked during the past 30 days, the percentage who smoked two or more cigarettes per day on the days they smoked



Percentage of students who used chewing tobacco or snuff on one or more of the past 30 days



Percentage of students who smoked cigars, cigarillos, or little cigars in the past 30 days



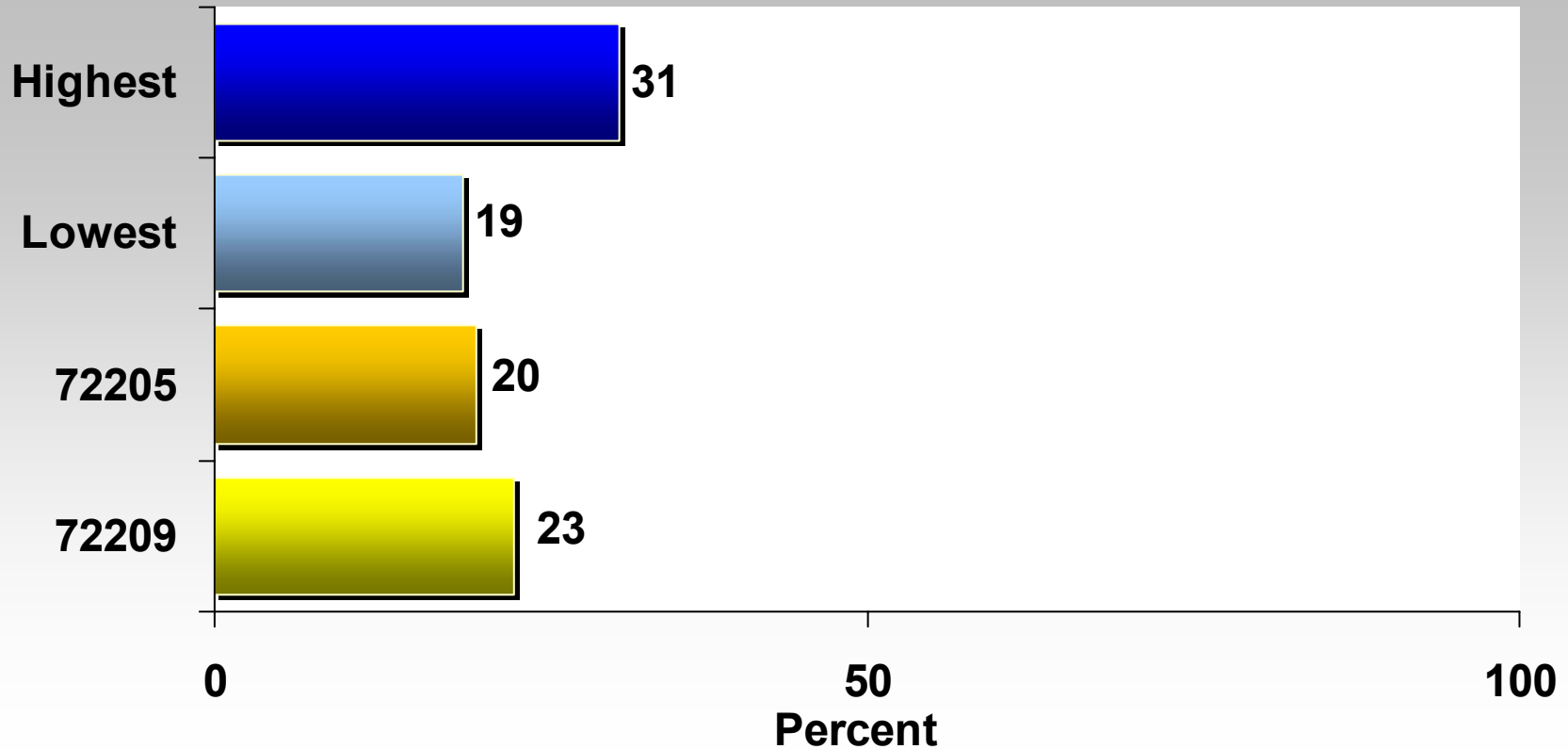
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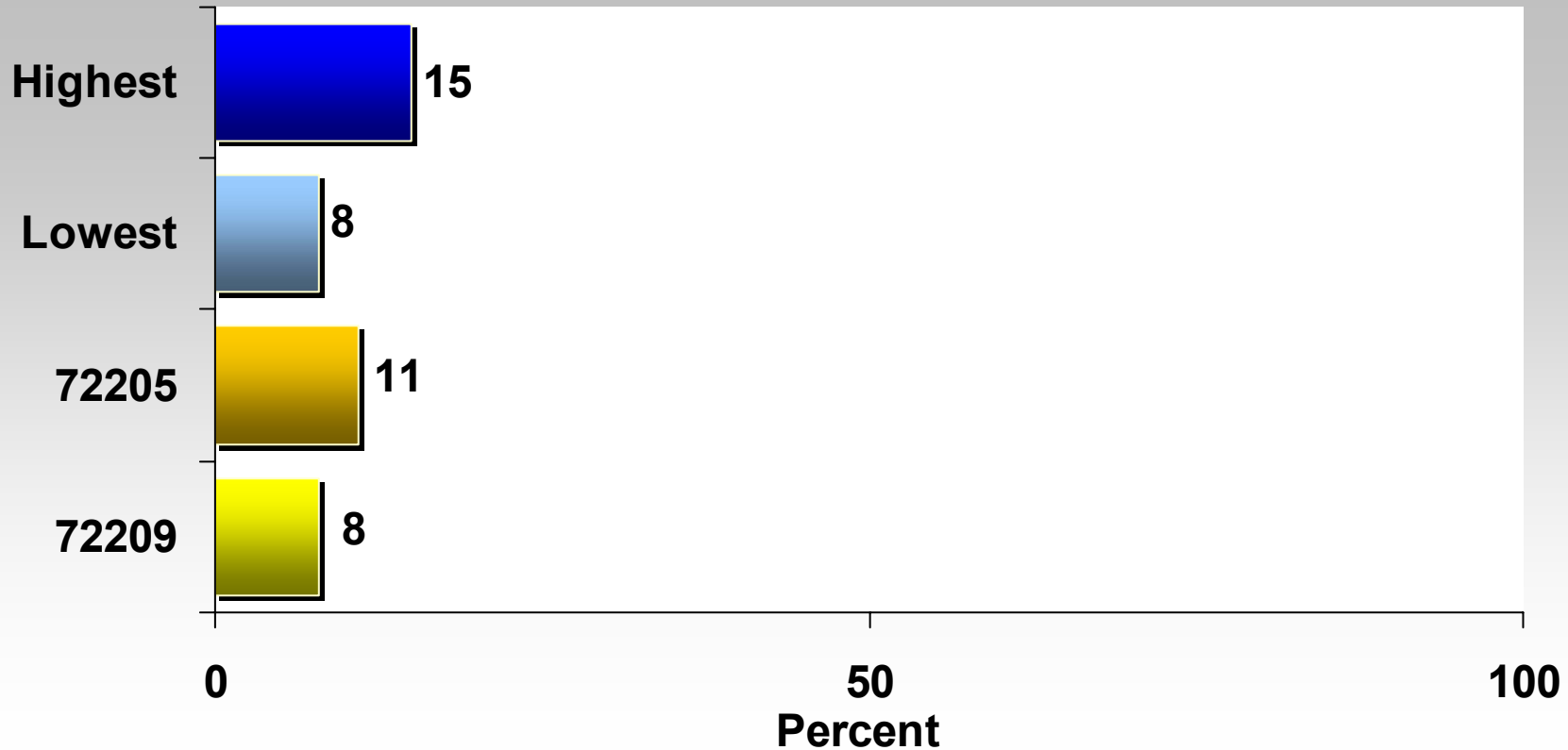
**Detailed Findings
Alcohol**



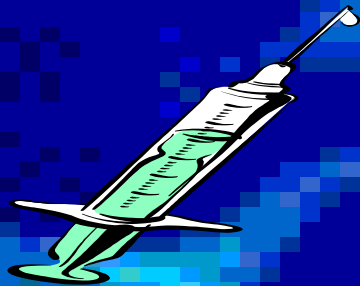
Percentage of students who had at least one drink of alcohol on one or more of the past 30 days



Percentage of students who had five or more drinks of alcohol in a row, that is, within a couple of hours, on one or more of the past 30 days



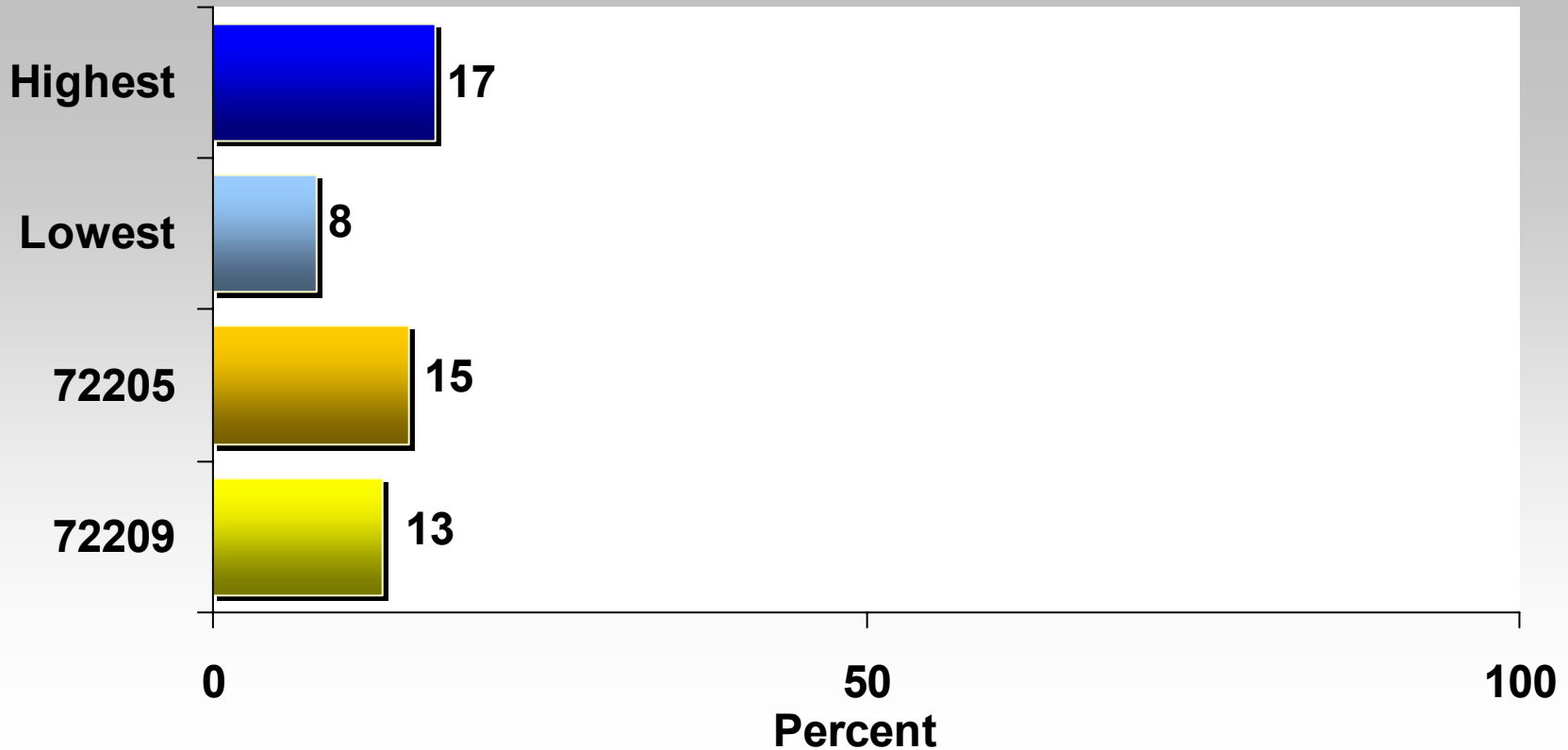
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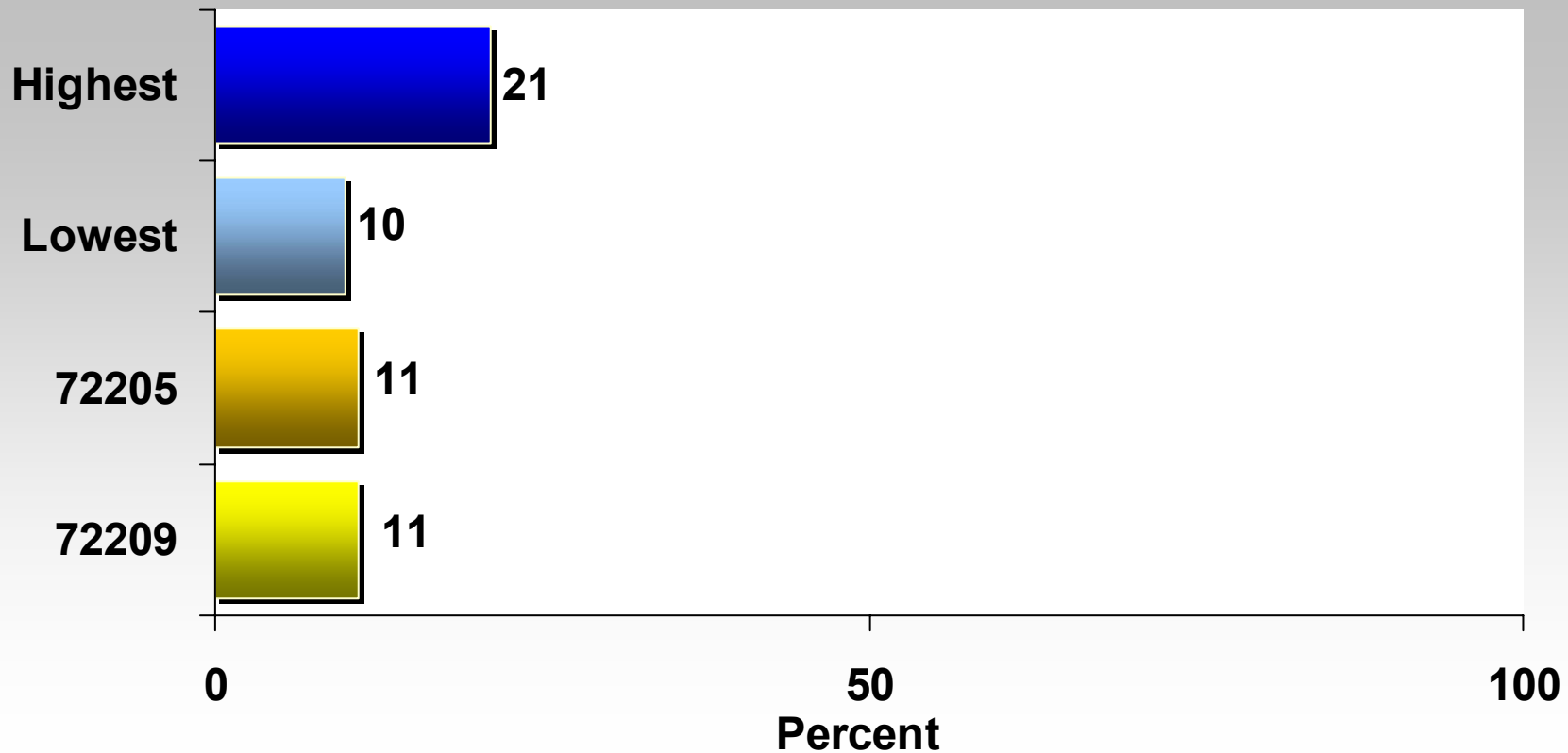
**Detailed Findings
Illicit Drugs**



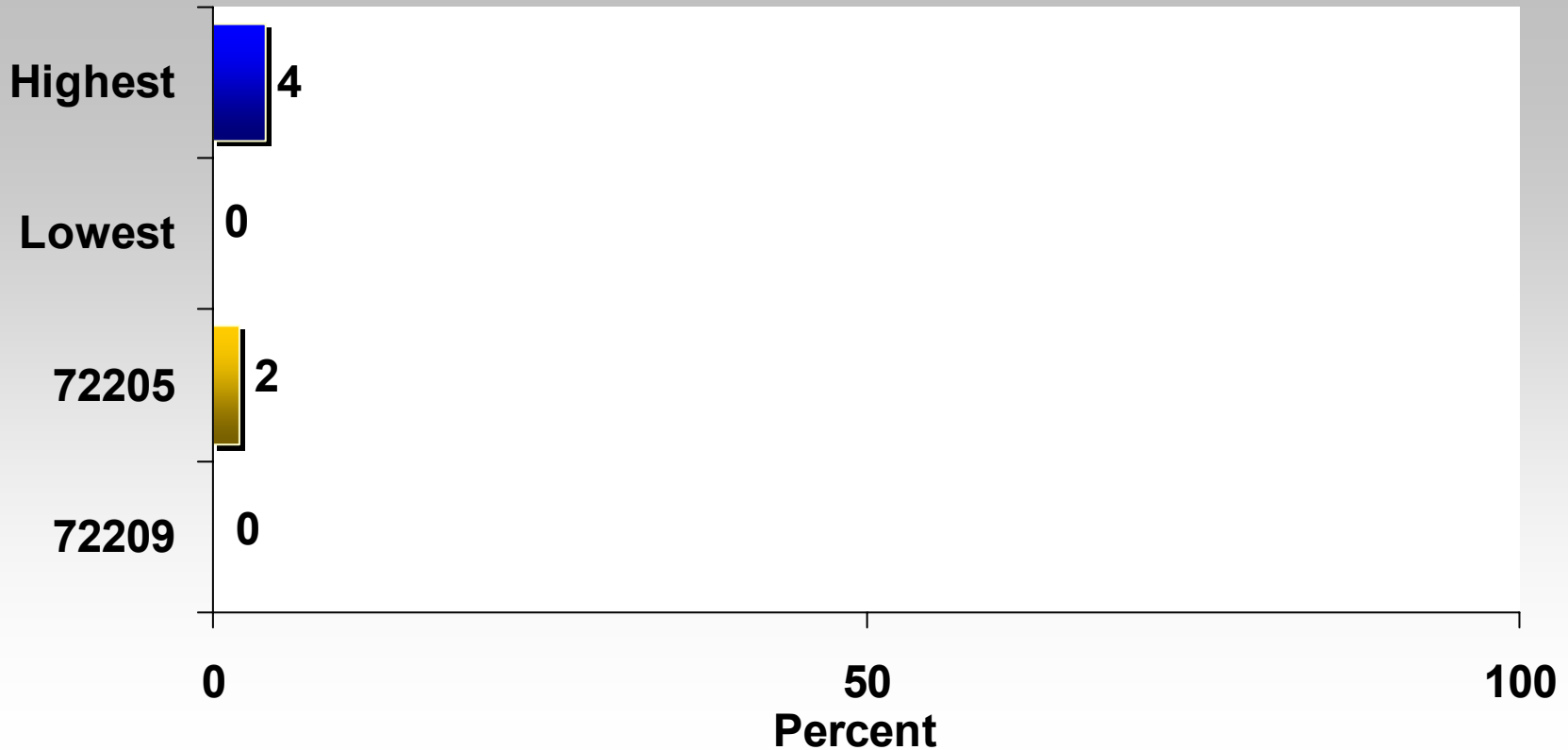
Percentage of students who used marijuana on one or more times during the past 30 days



Percentage of students who sniffed glue, breathed the contents of aerosol spray cans inhaled paints or sprays to get high during their life



Percentage of students who took steroid pills or shots without a doctor's prescription one or more times during their life



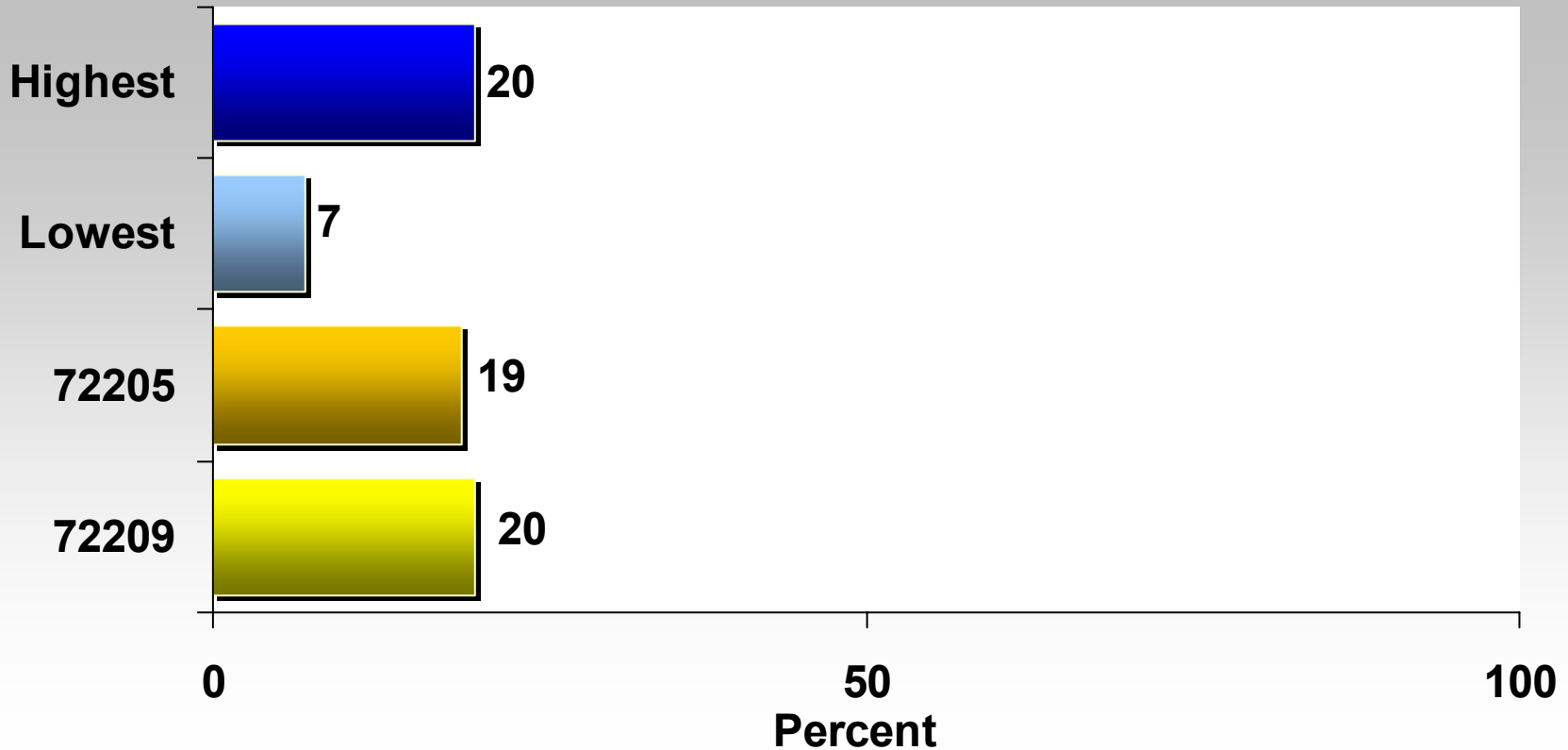
The background of the slide features a close-up, slightly angled view of several rows of colorful pens or pencils. The colors include yellow, orange, pink, green, and blue. A horizontal band of blue pixelated texture runs across the middle of the image, serving as a background for the text.

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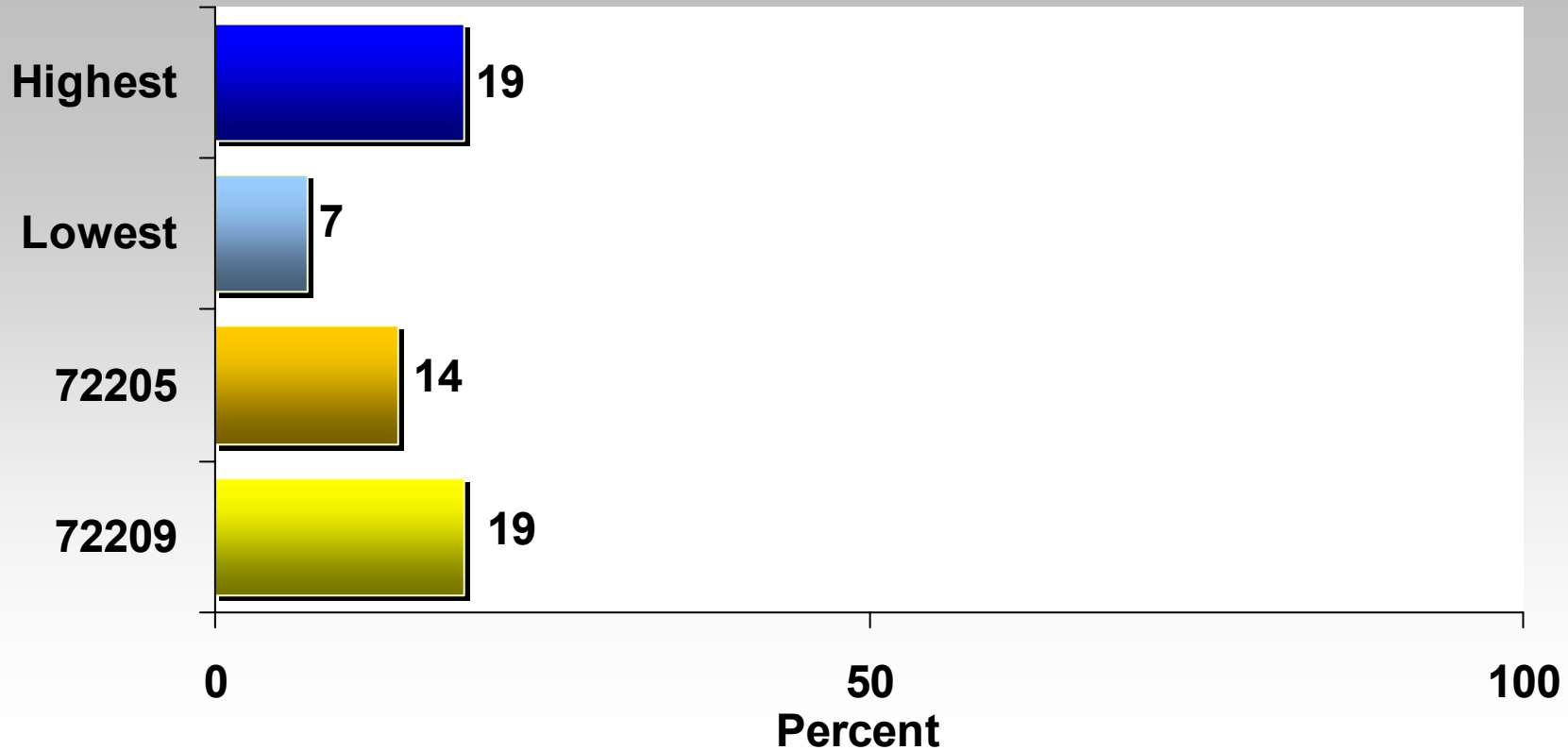
Detailed Findings

Sexual Behavior

Percentage of students who had sexual intercourse for the first time before age 13

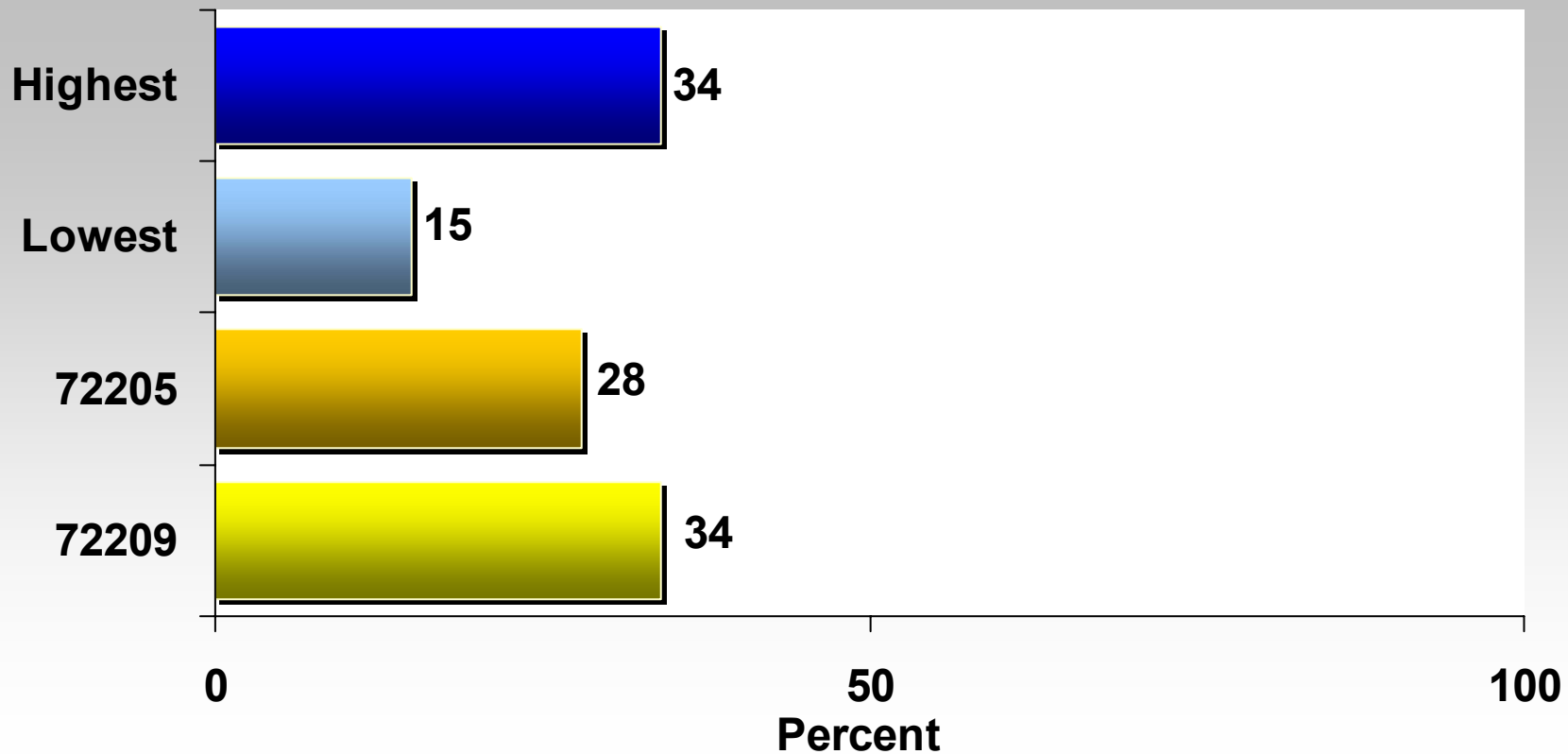


Percentage of students who have had sexual intercourse with four or more partners during their lifetime

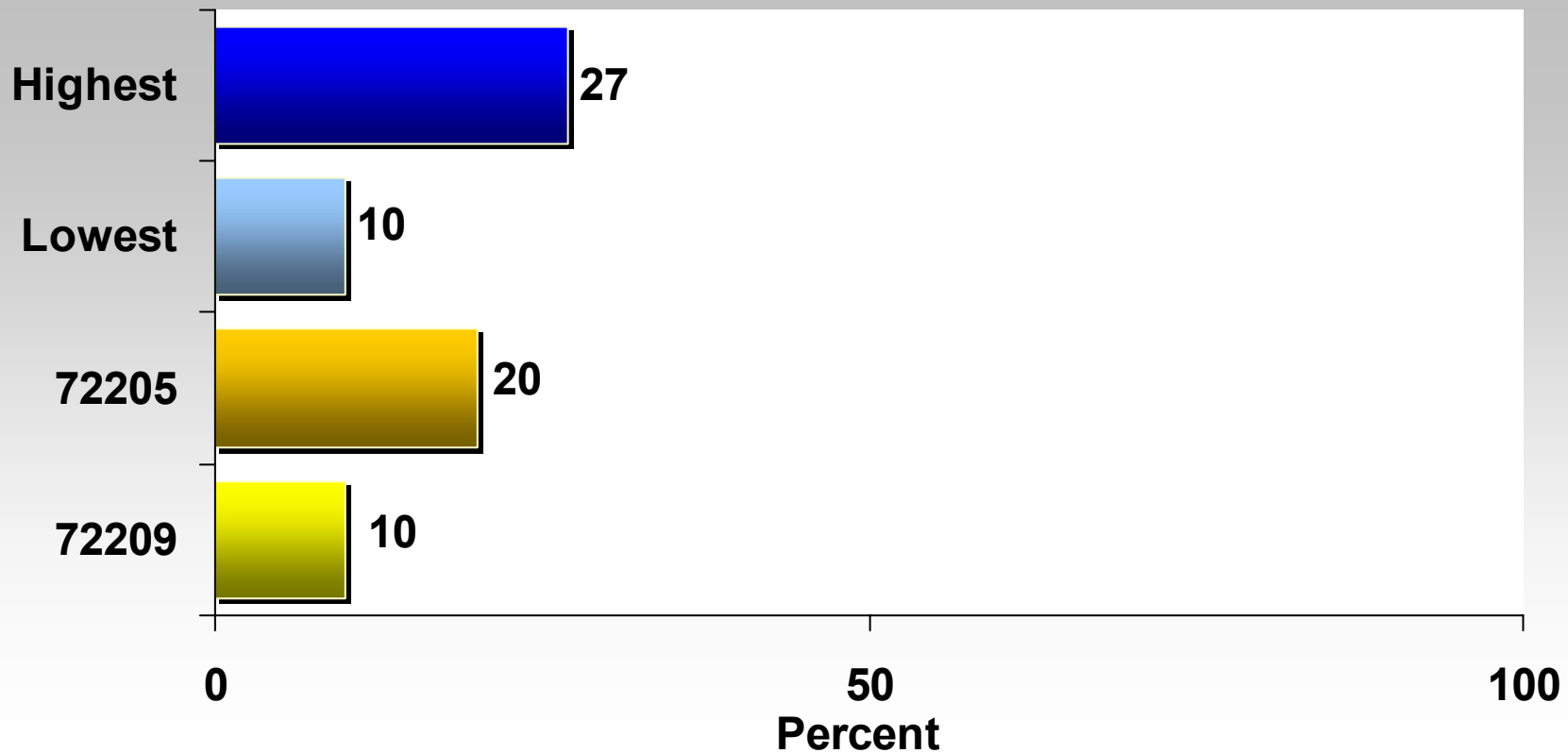


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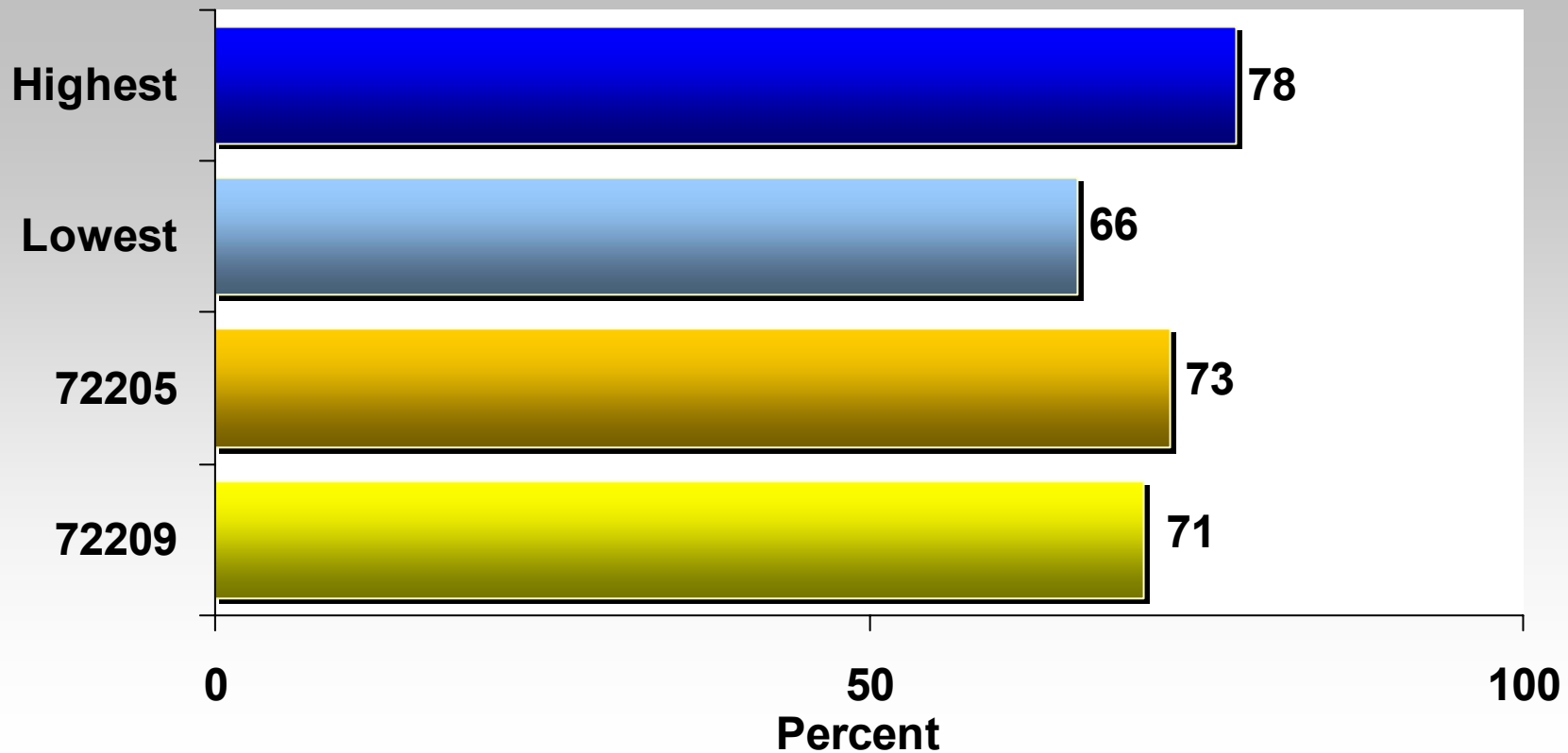
Percentage of students who had sexual intercourse during the past three months



Of the students who had sexual intercourse, the percentage that drank alcohol or used drugs before last sexual intercourse



Percentage of students who have been taught about AIDS or HIV infection in school



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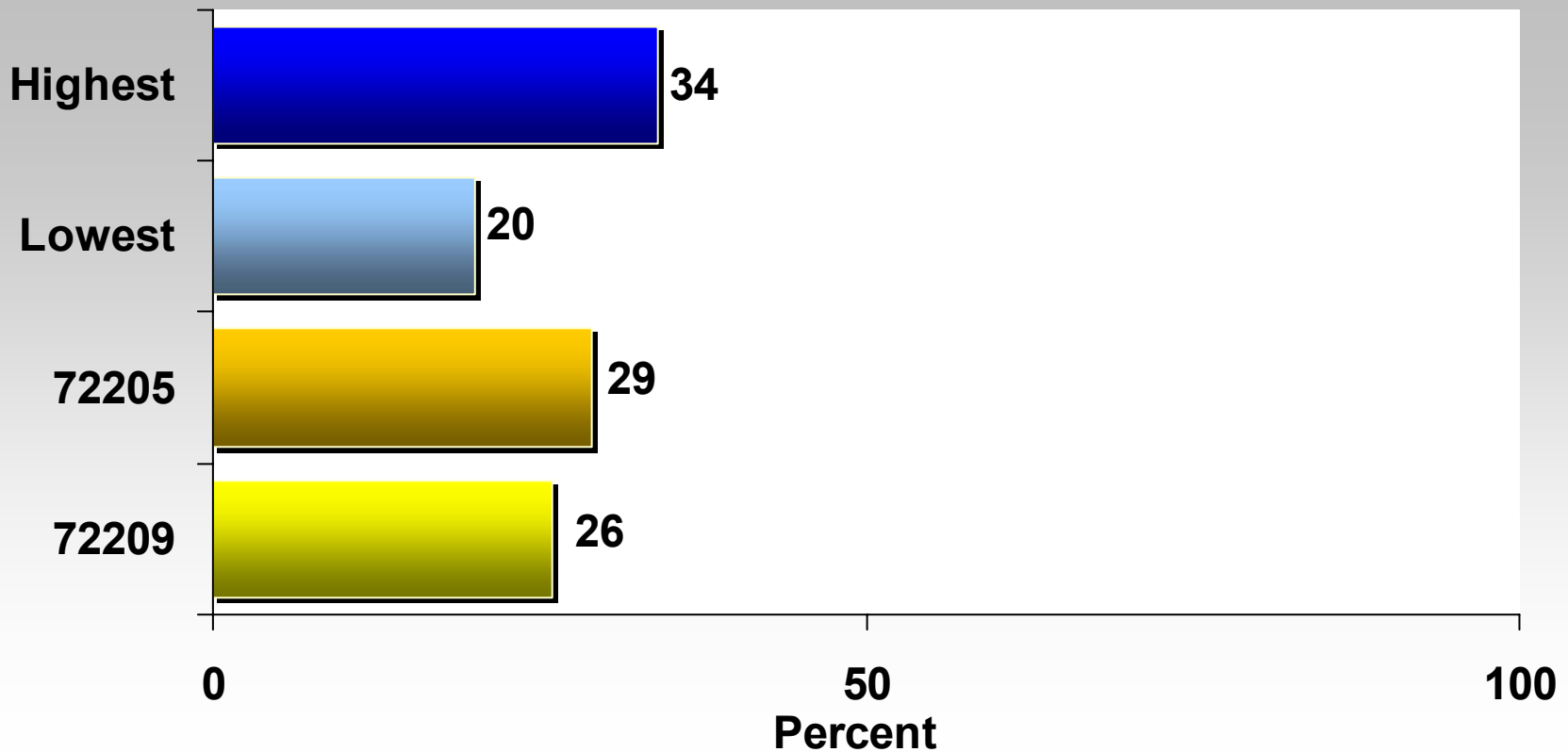


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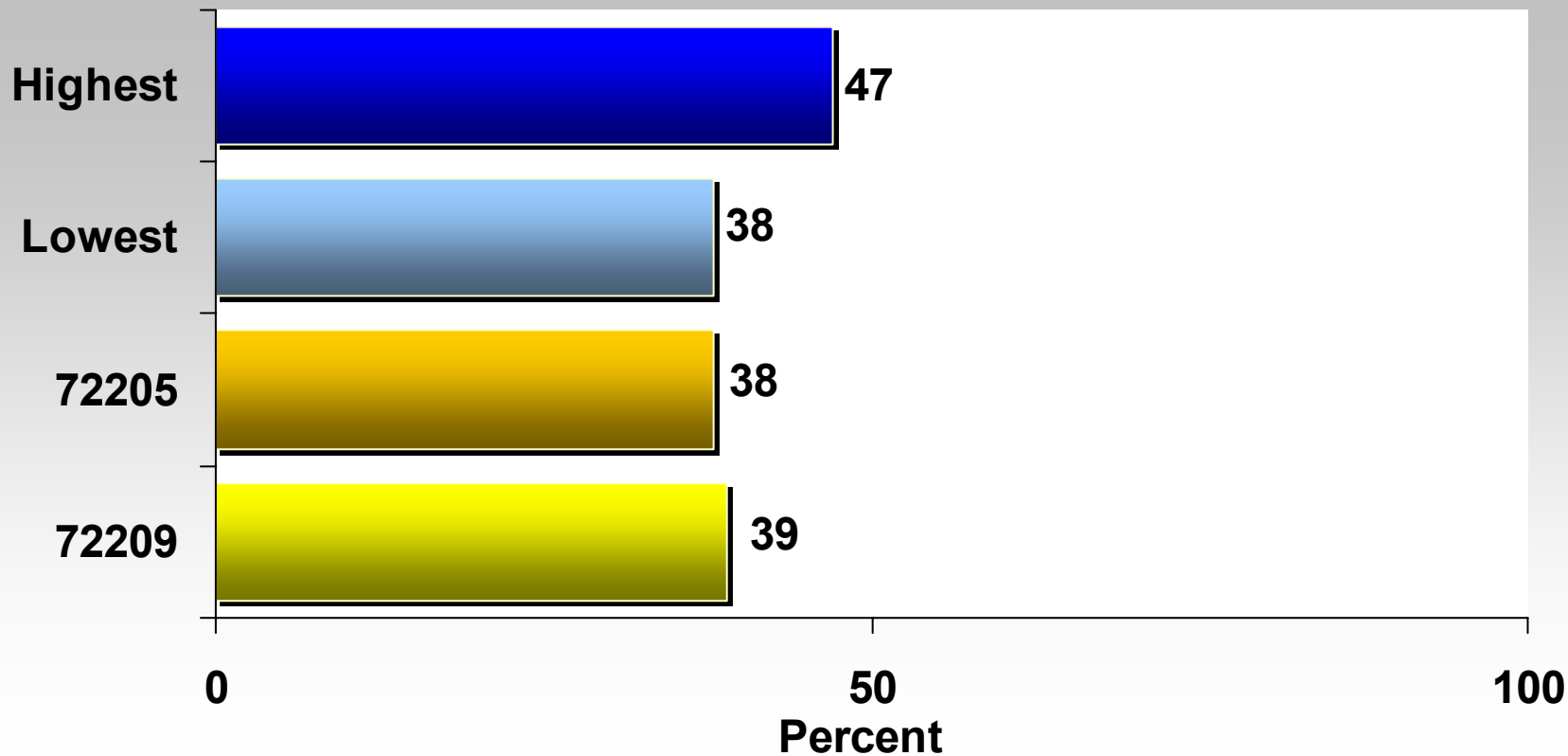
Detailed Findings

Weight, Diet, and Exercise

Percentage of students who are overweight, as calculated by Body Mass Index (BMI)



Percentage of students who were trying to lose weight



Data for the State and National YRBS

<http://www.cdc.gov/HealthyYouth/yrbs/index.htm>

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A Tool for Your Campaign for Healthy Young People

County Youth Health Survey